NEW LOOK, SAME FORMULA.

Gentle Care

First CLEANSE™

TOTAL BODY CLEANSE*

RenewLife™

TAMPER EVIDENT: DO NOT USE IF EITHER THE OUTER NECK BAND OR THE INNER SEAL ON BOTTLES IS BROKEN OR MISSING.

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First CLEANSE™ 1

Morning Formula

Directions: Take 3 capsules in the morning with 8 oz. of purified water on an empty stomach. Drink plenty of purified water while using this product.

Supplement Facts

Serving Size: 3 Capsules Servings Per Container: 14

	Amount Per Serving	%DV**
Calories	8	
Total Carbohydrate	2 g	<1%
Dietary Fiber	2 g	8%
Soluble Fiber	0.5 g	***
Insoluble Fiber	1.5 g	***
Detoxify Fiber Blend	1,185 mg	
Oat Fiber (organic)		***
Acacia fiber (organic)		***
Apple Pectin		***
Detoxify Herbal Blend	1,065 mg	***

Dandelion root & leaf, Burdock root, Fenugreek seed, Garlic bulb, Kelp, Milk Thistle seed, Turmeric root, Artichoke leaf, Blessed Thistle leaf, Cayenne pepper, Cumin seed, Echinacea Angustifolia herb, Fennel seed, Ginger root, Green Tea leaf, Hawthorn berry, Horsetail herb, Mullein leaf, Oat straw, Oregano leaf, Papaya leaf, Parsley leaf, Red Clover herb, Stinging Nettle leaf, Wormwood herb, Yarrow herb, Yellow Dock root

** Percent Daily Values (DV) are based on a 2,000 calorie diet.
*** Daily Value not established.

Other Ingredients: Vegetable capsule (vegetable fiber and water).

First CLEANSE™ 2

Evening Formula

Directions: Take 3 capsules in the evening before bed with 8 oz. of purified water. Drink plenty of purified water while using this product.

Supplement Facts

Serving Size: 3 Capsules Servings Per Container: 14

	Amount Per Serving	%DV**
Calories	10	
Total Carbohydrate	2 g	<1%
Dietary Fiber	2 g	8%
Soluble Fiber	0.5 g	***
Insoluble Fiber	1.5 g	***
Cleanse Herbal Blend	1,440 mg	
Buckthorn bark		***
Rhubarb root		***
Marshmallow root		***
Triphala (Blend of Chebulic myrobalan fruit, Amla fruit, Belleric myrobalan fruit)		***
Slippery Elm bark		***
Capture Fiber Blend	810 mg	
Oat Fiber (organic)		***
Flaxseed (organic)		***
Acacia fiber (organic)		***
Apple Pectin		***

** Percent Daily Values (DV) are based on a 2,000 calorie diet.
*** Daily Value not established.

Other Ingredients: Vegetable capsule (vegetable fiber and water).

Distributed by: Renew Life Formulas, Palm Harbor, FL 34683
Questions? 1-800-830-1800 or support@renewlife.com • www.renewlife.com

NOTICE OF USAGE: This program is not to be used more than four (4) times per year.

Dairy Free • Soy Free • No Artificial Ingredients

Store in a dry place at 59-86°F (15-30°C).
Quality, purity, and potency guaranteed through expiration.
KEEP OUT OF REACH OF CHILDREN.

Do not use this product if you are pregnant or nursing. Consult your healthcare professional before using this or any product if you are trying to conceive, taking medication, or have a medical condition. Not for prolonged use. Do not exceed recommended amount. **Notice:** This fiber blend should be consumed with at least 8 oz. of purified water. Consuming this product without enough liquid may cause choking. Do not consume fiber supplements if you have difficulty swallowing. This product contains rhubarb and buckthorn. **DO NOT USE IF YOU HAVE OR DEVELOP ABDOMINAL PAIN OR DIARRHEA.** Please read and follow directions carefully.
MANUFACTURED IN USA IN A GMP FACILITY

PART 1 ACTUAL SIZE CAPSULE

PART 2 ACTUAL SIZE CAPSULE

Good for your Gut!

Your gut is your engine, your digestive core.

Keep it running smoothly with Renew Life™ Cleanses. Our comprehensive herbal programs promote regular elimination and support the body's natural detoxification process.*

CLEANSE & RESTORE

Did you know that we come into contact with toxins every day—from the environment, our food, and even within our own digestive tract? While the body was built to process these toxins, today's world places increased stress on our elimination channels. Renew Life Cleanses help re-establish digestive health so you feel better, lighter, and more energized.*

TO COMPLEMENT YOUR CLEANSE:

For optimal cleansing results, add a probiotic supplement.*

Ultimate Flora™ 15 Billion Probiotic

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

RenewLife™

Gentle Care

First CLEANSE™

TOTAL BODY CLEANSE*

14-Day Program

- Helps Eliminate Waste & Toxins*
- Supports Regularity*
- Made with Wholesome Herbs & Fiber

PART 1 – 42 VEGETABLE CAPSULES
PART 2 – 42 VEGETABLE CAPSULES

Dietary Supplement

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Digestive wellness, Naturally

At Renew Life,™ we believe a healthy gut is a happy gut.

For nearly two decades, we have pioneered superior-quality digestive care supplements to help people achieve optimal health from the inside out.*

GENTLE TOTAL BODY CLEANSING PROGRAM*

Renew Life Gentle Cleansing Programs are wholesome, herbal formulas to help you get rid of digestive toxins and support regularity.* They provide targeted support to your body's pathways of elimination: liver, lungs, lymphatic system, kidneys, skin, blood, and bowel.*

First Cleanse™ is an easy and effective two-part cleansing program with herbs and fiber ideal for those who are new to cleansing or just want a more gentle cleansing experience.* The morning cleanse supports detoxification; the evening cleanse promotes elimination.*

Call toll-free 1-800-830-1800 for support.
Got questions? Our Cleansing Product Specialists are on call and happy to help.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.