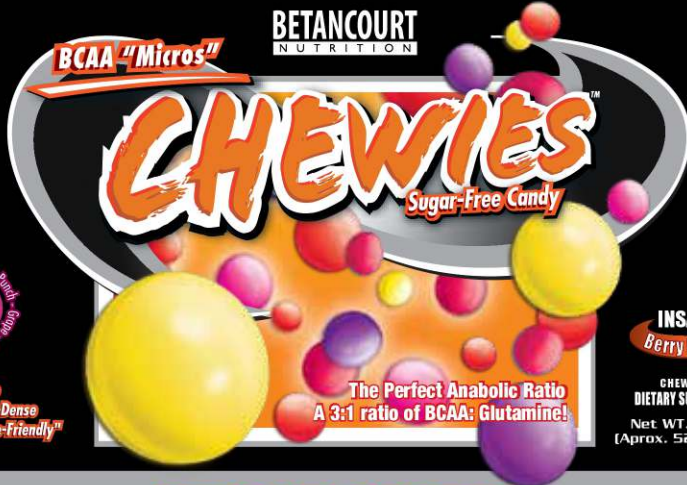


YOUR FAVORITE MUSCLE CANDY JUST GOT BETTER!

- **Bite-Size**
 - **Nutrient-Dense**
 - **"Physique-Friendly"**
- Actual Size
- Raspberry - Fruit Punch - Grape
Orange - Pilepple



The Perfect Anabolic Ratio
A 3:1 ratio of BCAA: Glutamine!

You're holding the newest supplement technology!
Any serious bodybuilding athlete knows about the branched-chain amino acids (BCAAs) leucine, isoleucine, and valine. But never before have they been "super-charged" by combining them in a 3:1 ratio with glutamine and compressed into a bioavailable yet candy-like format so small you can fit two dozen of them in your hand. That's new CHEWIES™ BCAA Micros, created in Betancourt's own 140,000-square-foot cGMP manufacturing facility.

To build lots of muscle, your muscle cells must synthesize lots of protein. The BCAAs are building blocks in protein synthesis. But they do more than this. They also regulate it. For instance, supplementation with BCAAs has been shown to activate some of the same enzymes believed to be responsible for the muscle-building effects of resistance exercise (1). Other studies suggest that BCAA supplementation may exercise-induced muscle damage and soreness (2) and reduce levels of perceived exertion (3) so that working out doesn't feel as tough. To make new CHEWIES™ BCAA Micros even more powerful, we combined leucine, isoleucine and valine with glutamine. Supplementation with glutamine may spare the BCAAs from premature degradation.

Even the pros get cravings for candy. Now you can satisfy them with a nutrient-dense, "physique-friendly" supplement that is slated to become the world's favorite "Muscle Candy", new CHEWIES™ Micros!

SCIENTIFIC SUPPORT

1. Aono W, Blomstrand E. (2010). Influence of supplementation with branched-chain amino acids in combination with resistance exercise on p70 kinase phosphorylation in resting and exercising human skeletal muscle. *Acta Physiologica* May 28.
2. Shimomura Y et al. (2010). Branched-chain amino acid supplementation before squat exercise and delayed-onset muscle soreness. *Int J Sport Nutr Exerc Metab* 20(3): 236.
3. Greer BK et al. (2010). BCAA supplementation lowers perceived exertion but does not affect performance in untrained males. *J Strength Cond Res* April 7.

† These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL DRY PLACE.



Formulated, tested and certified exclusively by Betancourt Nutrition, Inc.,
14620 NW 60th Ave., Miami Lakes, FL 33014
Toll-free: 800-443-4153 • Phone: 305-593-9296 • Fax: 202-449-8275
www.betancourtnutrition.com



SUPPLEMENT FACTS

Serving Size: 1 scoop (Approx. 25 Tablets)
Servings Per Container: 21

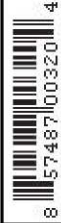
	Amount Per Serving	% Daily Value
Calories	25	<2%
Calories from Fat	0	
Total Fat	0 g	0%
Protein	0 g	0%
Cholesterol	0 g	0%
Carbohydrates	3.5 g	1%
Sugar	0 g	

Branch Chain Amino Acid Blend
L-Leucine, L-Isoleucine, L-Valine 1500 mg **
L-Glutamine 500 mg **

*% Daily Value based on a 2000 calorie diet
* Daily Value not established

Other Ingredients: Maltodextrine, microcrystalline cellulose, natural and artificial flavor, polydextrose, artificial color (may contain FD&C yellow #6 aluminum lake, FD&C red #40 aluminum lake, FD&C blue #1 aluminum lake, FD&C blue #2 aluminum lake) citric acid, magnesium stearate, polydipyrrolidone, disodium phosphate, sucralose, acesulfame K.

Lot No./Best By:



RECOMMENDED USAGE:

Muscle protein synthesis is a 24/7 process. So you can supplement with CHEWIES™ BCAA Micros any time of day. However, if your goal is to protect your muscles from exercise-induced damage or soreness, or enhance exercise-induced increases in muscle protein synthesis, then take 1-2 servings (1-2 scoops) of CHEWIES™ BCAA Micros before and/or after exercise. Chew each tablet thoroughly before swallowing with water.

WARNING: Consult your physician before using this or any other dietary supplement if you are pregnant, nursing, trying to conceive, taking medication, have a medical condition or are currently unaware of your health status.

The Fastest Growing Brand for the Fastest Growing Bodies!

Creating formulas, sourcing ingredients, blending, flavoring, packaging... we do it all and more inside our own 200,000 sq.ft. cGMP manufacturing lab. That's why our sports nutrition products crush categories and establish new ones. North America's fastest growing bodies use the fastest growing brand- Betancourt Nutrition!