

Supplies Essential Vitamins, Bone-Building Minerals, Powerful Antioxidants and Enzymes!
 Algae Calcium, Magnesium and Vitamin D3 Help Build Strong, Healthy Bones!
 Provides Higher Levels of Energy and Well-Being for all Your Daily Activities!
 Enhances Alkalinity and Whole Body Detoxification for Healthy Aging!
 Delivers Every Vibrant Color in the Dietary Food Spectrum!
 Promotes a Healthy Digestive and Immune System!

ADVANCED MULTI is a 100% Whole Food MultiVitamin, MultiMineral & PhytoNutrient Delivery System of RAW Green Foods, Superfruits, Sea Vegetables, Herbal Extracts & Probiotics with Algae Calcium, Magnesium, Trace Minerals & Vitamin D3. GREENS+ Helping People Live Healthier, Happier Lives Since 1989.TM



ADVANCED MULTI

Add Greens Plus to your favorite protein or smoothie recipe for a nutrient rich Superfood boost!



GREEN MACHINE

- 1 scoop Advanced Multi
- 1 serving of your favorite Vanilla Protein Powder
- 1 cup Vanilla Almond Milk
- 1 scoop of Greens Plus Omega 3 Chia Seeds
- Add 8 ice cubes, Blend until smooth. *Enjoy!*

HOW TO ENJOY: Simply mix 1 scoop of Advanced Multi with 8oz of cold water or your favorite beverage. Shake briskly in a Greens Plus BlenderBottle. Sip and enjoy! Take Advanced Multi first thing in the morning as a perfect way to energize your day. Greens Plus Advanced Multi can be taken twice per day.

Satisfaction Guaranteed: We stand behind our product 100%. If you are not satisfied in any way, please return container to the place of purchase for a full refund. Organic Superfood is filled by weight, not by volume, settling may occur. Refrigerate after opening.

Allergy Information: This product contains Wheat Grass and is manufactured in a facility that processes Soy and Dairy ingredients. Made in the USA.



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MR11

AM Green Foods, Superfruits, Sea Vegetables, Herbal Extracts & Probiotics

350mg Bone Building' Algae Source Calcium, Magnesium, Trace Minerals & 400iu Vitamin D3

Total ORAC Factor Equivalent to 6 Servings of Fruits & Vegetables

RAW SUPERFOOD Dietary Supplement

100% SOY DAIRY GLUTEN FREE

non-gmo Vegan

Net Wt. 9.4oz (267g)



100% Whole Food MultiVitamin & Mineral

Supplement Facts

Serving Size 1 Scoop (8.9 g) Servings per Container 30

Amount Per Serving Calories 40 Calories from fat 10 % DV**

Total Fat 1.5g	2%	Niacin (Vitamin B3) 3.5mg	18%
Sodium 35mg	2%	Vitamin B6 2.6mg	129%
Total Carbohydrate 5g	2%	Folate (Vitamin B9) 77mcg	19%
Dietary Fiber 3g	13%	Vitamin B12 1mcg	17%
Protein 2g	4%	Pantothenic Acid 4mg	40%
Vitamin A (beta-carotene) 6400 iu	128%	Calcium 142mg	14%
Vitamin C 7mg	12%	Iron 2.8mg	16%
Vitamin D (Cholecalciferol) 400iu	100%	Phosphorus 25mg	3%
Vitamin E (d-alpha-tocopherol succinate) 100iu	333%	Magnesium 10mg	3%
Vitamin K 40mcg	50%	Manganese 200mcg	10%
Thiamin 2.4mg	157%	Potassium 115mg	3%
Riboflavin (Vitamin B2) 2.4mg	139%		

Greens Plus Superfood MultiVitamin Blend (5100mg) Per Serving

Lecithin (from GMO-Free Sunflower)	2300mg*
Organic Barley Grass	1500mg*
Organic Alfalfa Grass	650mg*
Organic Wheat Grass	500mg*
Organic B-Complex (from Guava, Holy Basil & Lemon Extracts)	100mg*
Organic Red Beet (Beta Vulgaris)	50mg*

Greens Plus Sea Vegetable MultiMineral Blend (1172.5mg) Per Serving

Organic Spirulina (Arthrospira platensis)	1000mg*
Algae Plant Calcium (Algae Calcareas)	350mg*
Organic Chlorella (Chlorella vulgaris)	350mg*
Dunaliella Salina Algae	27.5mg*
Fulvic and Humic Acids	25mg*
Organic Dulse (Palmaria palmata)	20mg*

High-ORAC Antioxidant Fruit Extracts (1460mg) Per Serving

Organic Apple Fiber (Malus domestica)	1323mg*
Camu Camu Berry Extract (Myrcaria dubia)	115mg*
Grape Seed Extract (Vitis vinifera)	20mg*
Bilberry Extract (Vaccinium myrtillus)	10mg*

Standardized Herbal Extracts (260mg) Per Serving

Astragalus Root Extract (Astragalus membranaceus)	60mg*
Milk Thistle Seed Extract (Silybum marianum)	60mg*
Siberian Eleuthero Root Extract (Eleutherococcus senticosus)	60mg*
Licorice Root Extract (Glycyrrhiza glabra)	60mg*
Green Tea Leaf (Camellia sinensis)	20mg*

Daily-Free Probiotic Cultures (200mg) Per Serving

L. Acidophilus, L. Casei, L. Plantarum, L. Rhamnosus, Bifidobacterium Breve and Longum with Fructo-Oligosaccharides	200mg* (2.5 billion)
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** Percent Daily Values based on a 2000 calorie diet.
 * Daily Values Not Established.
 † Oxygen Radical Absorbance Capacity is the standard testing method used to measure antioxidant-rich foods. Higher numbers have a greater capacity to neutralize free radicals.

Manufactured For: **Greens Plus, LLC**
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