

Swanson ULTRA[®]

The Most Advanced Nutrition Technology

CAPSULES

Multi-Mineral Citrate Complex

Mineral Supplement

60 CAPSULES



• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take one capsule two times per day with water.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Calcium (from calcium citrate)	75 mg	6%
Magnesium (from magnesium citrate)	30 mg	7%
Zinc (from zinc citrate)	2 mg	18%
Potassium (from potassium citrate)	49.5 mg	1%

Other ingredients: Gelatin, may contain one or more of the following: microcrystalline cellulose (plant fiber), magnesium stearate, silica.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS**

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE **1-800-437-4148**

or visit our website at www.swansonvitamins.com



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