

# Swanson ULTRA®

The Most Advanced Nutrition Technology

VEG CAPS

100% Pure Pharmaceutical Grade  
L-Tryptophan

*TryptoPure®*

**Vegetarian Source**  
Dietary Supplement



**90 VEGGIE CAPS • 500 mg**



• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.  
• KEEP OUT OF REACH OF CHILDREN.

**SUGGESTED USE:** As a dietary supplement, take one veggie capsule with water 30–60 minutes before sleeping. For maximum benefit, take two veggie capsules.

**WARNING:** Do not take this product if you are taking a prescription antidepressant or if you are pregnant or nursing. Consult your healthcare provider before use if you have a medical condition or if you are taking any prescription medications.

## Supplement Facts

Serving Size 1 Veggie Capsule

### Amount Per Serving

|                                               |         |
|-----------------------------------------------|---------|
| Ajinomoto TryptoPure® L-Tryptophan            | 500 mg* |
| (100% pure pharmaceutical grade L-tryptophan) |         |

\*Daily Value not established.

Other ingredients: 100% pure vegetable source cellulose (vegetable capsule).

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS**

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148  
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