



calcium citrate + vitamin D

well absorbed form of
chelated calcium

mineral
120 tablets
dietary supplement

bones[✓]
teeth[✓]

gluten
free

dairy
free

soy
free

nut
free

actual size

Supplement Facts

Serving Size 4 Tablets
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Vitamin D (as ergocalciferol)	10 mcg	50%
Calcium (as calcium citrate)	1000 mg	80%

* Daily Value not established.

Other ingredients: Microcrystalline cellulose, stearic acid, magnesium stearate, aqueous coating, croscarmellose sodium, silicon dioxide.

Does not contain: Gluten, Sugar, Salt, Artificial Colors or Flavors.

✓ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: Take four (4) tablets daily, preferably with meals.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

Distributed by: Vitamin Shoppe, Inc.
Secaucus, NJ 07094
Visit www.vitaminshoppe.com
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Item No. VS-1753

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