

Herb Specialists Since 1972

**Respiratory System
Support**

RECOMMENDATION

Adults: Take approximately 20 to 30 drops (1-2 ml) in water every 2 to 4 hours.

Children age 4 and older: Take approximately 10 to 20 drops (0.5 to 1 ml) in water every 2 to 4 hours. One ml is equal to two ALJ capsules.

This bottle was sealed for your protection. Do not use if outer shrink band is missing or damaged. Nature's Sunshine uses natural source materials in its products that are subject to color variation.

Product of U.S.A.



Liquid Herbs

ALJ[®]

**Herbal Dietary Supplement
2 Fl. Oz. (59 ml)**

**Stock No. 3166-5
NATURE'S SUNSHINE
PRODUCTS, INC.**

Spanish Fork, Utah 84660
1-800-223-8225 ©2011
www.naturessunshine.com



Supplement Facts Serving Size 2 ml,
Servings Per Container 29, Amount Per
Serving: Proprietary Blend: 600 mg*,
Extracts of: boneset aerial parts (*Eupatorium
perfoliatum*), fenugreek seed (*Trigonella
foenum-graecum*), horseradish root
(*Armoracia rusticana*), mullein leaves
(*Verbascum thapsus*), and fennel seed
(*Foeniculum vulgare*).

*Daily Value not established

Other ingredients: glycerin and purified water.

GUARANTEED PURE



LOT:
Full Potency Through: