

Swanson®
**SUPERIOR
HERBS**

Curcumin & Berberine

Standardized
Herbal Supplement



95% Curcuminoids

60 capsules

- DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
- KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE: As a dietary supplement, take one capsule two times per day with water.

WARNING: Not intended for use by children or pregnant or nursing women. Consult your healthcare provider before use if you are taking any prescription medications or have a medical condition, especially gallbladder problems. Discontinue use if you experience gastrointestinal discomfort.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	
Berberine HCl	300 mg*
Curcumin (from Curcuma longa) (rhizome)	300 mg*
(standardized to minimum 95% curcuminoids)	
Black Pepper Extract (Piper nigrum) (fruit)	5 mg*
(standardized to minimum 95% piperine)	
*Daily Value not established.	

Other ingredients: Gelatin, microcrystalline cellulose (plant fiber), magnesium silicate, medium-chain triglyceride oil (palm), silica.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS**

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE **1-800-437-4148**

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