

- GREEN TEA
- SPIRULINA
- MATCHA TEA
- BARLEY GRASS
- ALOE VERA
- CRANBERRY
- KALE
- CHLORELLA
- BLUEBERRY
- TART CHERRY
- SPINACH
- BEETS
- GINSENG
- VITAMIN C
- VITAMIN B12

- Protect from heat and moisture.
- Do not use if seal is broken.



ENERGY REDS

HEALTH & ENERGY

13 Super Foods Vitamin C & B12



TART CHERRY FLAVOR

10 TABLETS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	<1 g	<1%*
Vitamin C (as ascorbic acid)	250 mg	278%
Vitamin B12 (as cyanocobalamin)	250 mcg	10,417%
Sodium (as sodium bicarbonate and sodium carbonate)	410 mg	18%

Greens Blend: 850 mg ‡
 Beets Root, Microcrystalline Cellulose, Green Tea Leaf Extract (100 mg caffeine), Spirulina, Matcha Tea Leaf, Barley Grass, Aloe Vera Leaf (inner gel) Extract, Cranberry, Kale, Chlorella, Blueberry Concentrate, Tart Cherry, Spinach, American Ginseng Root Extract

*Percent Daily Values are based on a 2,000 calorie diet.

‡Daily Value not established.

Other ingredients: Citric acid, natural flavors, L-leucine, rebaudioside A, canola oil, silica and magnesium stearate.

DIRECTIONS: Add 1 tablet to 8 fl. oz. of water and allow to effervesce.

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 10 Henderson Drive
 West Caldwell, NJ 07006

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