

Swanson®
**SUPERIOR
HERBS**

Goldenseal Root

Standardized
Herbal Supplement



120 capsules • 125 mg

• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE: As a dietary supplement, take one capsule two times per day with food and water. Use periodically for a few weeks at a time. Extended use is not recommended.

WARNING: Do not take this product if you are pregnant or nursing.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	
Goldenseal Root Extract	125 mg*
(Hydrastis canadensis) (standardized to minimum 5% alkaloids)	
Goldenseal Root 4:1 Extract	93 mg*
(Hydrastis canadensis)	
*Daily Value not established.	

Other ingredients: Microcrystalline cellulose (plant fiber), gelatin, maltodextrin, calcium palmitate, silica.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS**

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE **1-800-437-4148**
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