

DIRECTIONS FOR USE: Mix 1-3 Scoops (8.6 g - 25.8 g) with 5 ounces of cold water per scoop. For lighter flavor, add water until desired concentration is reached. DO NOT EXCEED 3 SCOOPS PER DAY. Do not use if safety seal is broken or missing. KEEP OUT OF REACH OF CHILDREN

SERVING SUGGESTIONS (UP TO 3 SCOOPS PER DAY)

AM Wake-Up	1-3 Scoops
Pre-Exercise	1-3 Scoops
Afternoon Pick-Me-Up	1-2 Scoops
For A Great Coffee Alternative	1-3 Scoops

Each scoop (8.6 g) contains about 119 mg of caffeine.

WARNING: DO NOT USE IN COMBINATION WITH CAFFEINE OR ANY STIMULANTS FROM OTHER SOURCES, INCLUDING BUT NOT LIMITED TO, COFFEE, TEA, SODA AND OTHER DIETARY SUPPLEMENTS OR MEDICATIONS. Pregnant or nursing women should not use this product. This product is only intended to be consumed by healthy adults 18 years of age or older. Consult with your physician before using this product, especially if you are using any prescription or over the counter medication or if you have any pre-existing medical condition, including but not limited to, high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, difficulty urinating due to prostate enlargement or if you are taking a MAOI (monoamine oxidase inhibitor) or any other medication. Discontinue use 2 weeks prior to surgery. Discontinue use and consult with your health care professional if you experience any adverse reaction to this product.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to treat, diagnose, cure or prevent any disease.

* Based on 1 scoop serving size

30 SERVINGS*



NEW! Improved Formula & Flavor

AminoLIFT+

(Essential Amino Acids with Caffeine from Green Coffee Bean)

Aminos. Energy. Focus.†

with BCAA, Choline Bitartrate and B Vitamins

Amino Acid Supplement
with Caffeine

Net Wt. 9.1 oz (258 g)

WATERMELON
Naturally & Artificially Flavored

Great Tasting  **Alternative to Coffee!**

 **Each Scoop Contains:**

7 GRAMS
AMINO ACIDS

2 GRAMS
BCAA

 **NO SUGAR**
NO ARTIFICIAL COLORS

 **GLUTEN-FREE**

Supplement Facts

Serving Size: 1 Scoop (8.6 g) 3 Scoops (25.8 g)
Servings Per Container: 30 10

Amount per serving	% DV	% DV
Calories	<2	5
Calories from Fat	0	0
Total Carbohydrate	<0.5 g 0%	1 g 0%
Sugars	0 g 0%	0 g 0%
Thiamin (B1) (as Thiamin HCl)	1 mg 47%	3 mg 200%
Pantothenic Acid (as D-Calcium Pantothenate)	3 mg 30%	9 mg 90%
Vitamin B6 (as Pyridoxine HCl)	1 mg 50%	3 mg 150%
AminoEssentials+ Blend	7 g †	21 g †
BCAA (Isomerized L-Leucine, L-Isoleucine, L-Valine), L-Alanine, L-Glycine, Taurine, L-Citrulline, L-Glutamine, L-Tyrosine, L-Phenylalanine, L-Methionine, L-Histidine, L-Threonine		
Focused Energy Blend	470 mg †	1410 mg †
Choline Bitartrate, Caffeine (from Green Coffee Bean Extract), Grape Seed Extract		

* Percent Daily Values are based on a 2,000 calorie diet
† Daily value not established

Other Ingredients: Natural & Artificial Flavors, Citric Acid, Malic Acid, Sucralose, Silicon Dioxide, Calcium Silicate

Produced in a facility that may also process dairy, eggs, fish, shellfish, tree nuts, peanuts, wheat or soy.

Distributed by USP Labs, LLC (Dallas, Texas 75208)

Questions, comments or concerns can be directed to www.usplabsdirect.com or by phone at 1-800-890-3847 (9-5 EST Mon-Fri)

