"Recoleration" means feeding your cells critical substrates like amino acid nitrogen and glycogenic precursors so that they don't become depleted. If you replace these quickly enough, then you can compress the recovery period and allow beneficial adaptations like increases in muscle size and strength to appear sooner than otherwise possible.†

New BULLRUSH™ is for advanced athletes who want nothing less than to experience maximum recovery compression and the fastest possible realization of muscular adaptations. Importantly, because it is 100% stimulant free, you can take BULLRUSH™ during and immediately after each workout in order to achieve a superior recelerating effect.

If BULLRUSH™ is stimulant-free, then how do you feel it working? After experimenting repeatedly with assorted pharmaceuticals, both singly and in combination, Jorge Betancourt and the formulators at BULLNOX™ The Workout Neuroendocrine & NOX Intensifier, however, noticed many advanced athletes also wanted a stimulant free recovery formula capable of extending the "Andrenash" ignited by BULLNOX™ into the immediate post-workout period and beyond. The formulators therefore went back into the Betancourt manufacturing lab where they added a proprietary "Endocrine Extender" blend of pharmaninnovations just like the one that BULLNOX™ has raves about.

Besides enhanced recovery, Betancourt's formulators feel strongly that another barrier to muscular adaptation is insufficient anabolic signaling. Besides that problem, they discovered many athletes also want a stimulant-free formula capable of extending the "Andrenash" ignited by BULLNOX™ into the immediate post-workout period and beyond. The formulators therefore went back into the Betancourt manufacturing lab where they added a proprietary "Endocrine Extender" blend of pharmaninnovations just like the one that BULLNOX™ has raves about.

**RECOMMENDED DOSAGE: New BULLRUSH™** can be used during and/or immediately after your workouts, whether you are performing resistance or cardiovascular exercise. To begin recoleration during your workouts, thoroughly mix 1-2 scoops (31-62 g) of BULLRUSH™ in 6-12 oz of water inside a shaker cup or water bottle. Take sips throughout your workout. To compress recovery immediately after your workout, thoroughly mix 1-2 scoops of BULLRUSH™ in 6-12 oz of water inside a shaker cup or water bottle. Drink at the end of your workout. Adjust the number of scoops to suit your goals and preferences. Athletes seeking superior anabolic and repair support and training performance may want to take new BULLNOX™ Pre-Workout Neuroendocrine & NOX Intensifier before their workouts. Take new BIG BLEND™ for maximum "proteosynthetic" power throughout the day.

WARNING: Not intended for use by persons under age 18. Do not exceed recommended dose. Do not use if pregnant or nursing. Do not consume ephedrine or caffeine from other sources, including but not limited to coffee, tea, soda and other dietary supplements or medications containing phenylephrine or caffeine. Do not use for more than 6 weeks. Consult with your physician prior to use if you are taking prescription or over-the-counter medications, including but not limited to, heart, liver, kidney or thyroid disease, psychiatric or eating disorders, difficulty urinating, or diabetes, high blood pressure, cardiac arrhythmia, recurrent headaches, enlarged prostate or glaucoma. Discontinue 2 weeks prior to surgery or if you experience rapid heart beat, dizziness, severe headache or shortness of breath.

**† These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**

**KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL DRY PLACE.**


Formulated, tested and certified exclusively by Betancourt Nutrition, Inc.,
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Toll-free: 800-443-4153 • Phone: 305-593-6286 • Fax: 202-449-8275
www.betancourtnutrition.com


Users of new BULLRUSH™ describe recoleration as an incredible "feel good" experience that prompts your mind and muscles to recover faster than normal and leaves you with an intense desire to come back to the gym and train even harder the next day. And it has "candy-like" taste, just like its pre-workout companion product, BULLNOX™!

Cellular Rush Matrix • Nitric Oxide Extender • EAA & NEAAs • Antioxidants • Electrocharger • Whey Protein Anabolic Fractions • Nitrated & Non-Nitrated BCAAs • Proteins: WPC, WPI, Egg Albumin, Casein • Endocrine Extender

**BULLRUSH™ Advantages†:**

- **100% stimulant-free, yet you'll feel it working from the first serving!†**
- **Replenishes muscle glycogen, amino acids, glycogenic & nitric oxide precursors & enzymatic substrates with fast-digesting proteins, hydrolysates & nitrates as directed.†**
- **Extends the "Andrenash" support "ignited" by BULLNOX™.†**
- **8 high-quality proteins & protein fractions including WPC, WPI, casein & alpha-lactalbumin to prepare your cells for record-breaking anabolic surges.†**
- **Strengthened with nitrated & non-nitrated BCAAs to support nitric oxide levels & prevent cellular catabolism.†**
- **Contains a 4:1 extract of Acai (the fruit of Euterpe oleracea) to protect your cells from free radicals.†**
- **Contains taurine, found to enhance muscle force production in animal studies.†**

# BETANCOURT™ NUTRITION

# BULLRUSH™ RECELERATOR

**Stimulant-Free Recovery Drink Mix with Amino Nitrates**

**Replace Cellular Substrates So You Can Grow Faster!†**

**With proprietary "Endocrine Extender"†!**

**SUGAR FREE Watermelon**

**POWDER DIETARY SUPPLEMENT**

**Net WT. 30.62 oz (868 g)**

**THE WORLD'S FIRST & LEADING RECELERATOR!**

## NUTRITIONAL FACTS

Daily Serving Size: 31 grams (1 scoop) — Servings Per Container: 28

| | Amount Per Serving | % Daily Value |
|---|---|---|
| Calories | 120 | 6% |
| Calories from Fat | 20 | |
| Total Fat | 2g | 3% |
| Carbohydrates | 6g | 2% |
| Protein | 11g | 22% |
| Fiber | 100 mg | <1% |
| Calcium (as dicalcium phosphate) | 250 mg | 25% |
| Phosphorus (as dicalcium phosphate, dipotassium phosphate) | 242 mg | 24% |
| Magnesium (as magnesium oxide and ZMA™) | 125 mg | 31% |
| Zinc (as zinc oxide and ZMA™) | 22 mg | 147% |
| Chloride (as potassium chloride and sodium chloride) | 20 mg | <1% |
| Sodium (as sodium chloride) | 22 mg | <1% |
| Potassium (as potassium chloride, dipotassium phosphate) | 135mg | 4% |
| **BULLRUSH™ Intra-Post Workout Recelerator Formula** | **31,000 mg** | ** |

**Poly-Protein Recelerator**
Whey Protein Concentrate, Whey Protein Isolate, Egg Albumin, Casein

**Nitrated BCAA Recelerator**
Leucine Nitrate, Isoleucine Nitrate, Valine Nitrate, l-Leucine, l-Isoleucine, l-Valine

**EAA & NEAA Recelerator**
l-Glutamine, l-Threonine, Lysine (as l-Lysine and l-Lysine HCl), l/dl-Methionine, l-Tryptophan, l-Histidine, l-Phenylalanine, l-Tyrosine, l-Alanine, l-Glutamic Acid and other naturally occuring amino acids found in milk and egg proteins.

**Whey Protein Anabolic Fractions Blend**
Beta-Lactoglobulins, Alpha-Lactalbumin, Bovine Serum Albumin, Immunoglobulins

**Cellular Rush Matrix**
Waxy Maize (Zea mays)(seed), Glucose Poylmers, Glycerol Monostearate, Guar and Xanthan Gum Fiber.

**Nitric Oxide Extender**
l-Citrulline , l-Arginine

**Antioxidant Recelerator**
Taurine, l-Carnitine-l-Tartrate, Acai Extract (4:1) (Euterpe oleracea) (fruit), Red Wine Extract (std. to 30% polyphenols) (Vitis vinifera) (fruit), n-Acetyl-l-Cysteine

**Electrocharge Recelerator**
Dicalcium Phosphate, Dipotassium Phosphate, Magnesium Oxide, Sodium Chloride, Potassium Chloride.

**Endocrine Extender**
Zinc Oxide, Maca Extract 4:1 (Lipidium meyenii) (root), Tribulus terrestris extract (std. to 40% saponins) (seed), Zinc Magnesium Aspartate (ZMA™), Xanthoparmelia scabrosa extract 4:1 (bark), Horny Goat Weed extract (Epimedium sagittatum) (std. to 40% icariins), Dodder seed extract (std. to 4% flavonoids), Cnidium monnieri extract 4:1

* Percentage Daily Values based on a 2000-Calorie diet.
** Daily Value not established

**Other ingredients:** Natural and nature's equivalent flavors, sucralose, xanthan gum, silicon dioxide, guar gum, citric acid, artificial color (may contain red #40, yellow #5 (tartrazine), blue #1, yellow #6 and blue #2).

Contains: Milk

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