



stress
formula

multivitamin
90 tablets
dietary supplement

stress^v
energy^v
immune^v

dairy
free

soy
free

nut
free

actual size

Supplement Facts

Serving Size 3 Tablets
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Vitamin A (as beta-carotene)	3000 mcg	333%
Vitamin C (as ascorbic acid)	1000 mg	1111%
Vitamin D (as ergocalciferol)	10 mcg	50%
Vitamin E (as d-alpha tocopheryl succinate)	67 mg	446%
Thiamine (Vitamin B1)(as thiamin mononitrate)	50 mg	4167%
Riboflavin (Vitamin B2)	50 mg	3846%
Niacin (as niacinamide)	100 mg	625%
Vitamin B6 (as pyridoxine HCl)	50 mg	2941%
Folate 667 mcg DFE (400 mcg folic acid)		167%
Vitamin B12 (as cyanocobalamin)	50 mcg	2083%
Biotin	300 mcg	1000%
Pantothenic Acid (as d-calcium pantothenate)	50 mg	1000%
Calcium (as dicalcium phosphate, calcium carbonate)	328 mg	25%
Iodine (from kelp)	75 mcg	50%
Phosphorus (as dicalcium phosphate)	176 mg	14%
Magnesium (as magnesium oxide, citrate)	100 mg	24%

	Amount Per Serving	% Daily Value
Zinc (as zinc oxide)	7 mg	64%
Selenium (as l-selenomethionine)	70 mcg	127%
Copper (as copper sulfate)	1.5 mg	167%
Manganese (as manganese sulfate)	5 mg	217%
Potassium (as potassium citrate)	50 mg	1%
Chamomile (<i>Matricaria chamomilla</i>)(flower)	100 mg	*
Eleuthero Extract (<i>Eleutherococcus senticosus</i>)(rhizome)	100 mg	*
Korean Ginseng Extract (<i>Panax ginseng</i>)(root)	50 mg	*
Passion Flower (<i>Passiflora incarnata</i>)(flower)	50 mg	*
Rose Hips Extract 4:1 (<i>Rosa canina</i>)(fruit)	50 mg	*
Betaine HCl	50 mg	*
Glutamic Acid (as L-Glutamic acid HCl)	50 mg	*

* Daily Value not established.

Other ingredients: Stearic acid, microcrystalline cellulose, magnesium stearate, croscarmellose sodium, silicon dioxide, purified water, hydroxypropyl methylcellulose, polyethylene glycol, titanium dioxide, riboflavin, cocoa.

Contain: Wheat.

Does not contain: Soy, Dairy, Citrus, Fish, Artificial Colors or Flavors.

DIRECTIONS: Take three (3) tablets daily, preferably with meals.

WARNING: This product contains niacin, which should be taken with food. If taken on an empty stomach, niacin may cause temporary flushing. Consult your physician prior to use if you are pregnant or nursing or have high blood pressure or are taking blood-thinning medications.

V These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN. TAMPER EVIDENT Do not use if outer seal is broken or missing.

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