SUGGESTED USE: 1 tablet daily at bedtime or as directed by a healthcare professional. For best results, chew thoroughly before swallowing.

CAUTION: Do not exceed the recommended dose. This product is not intended for pregnant or nursing mothers, children under the age of 18, or individuals taking any prescription medication including anti-depressants. Avoid driving or performing other potentially dangerous tasks while taking this formula. If you have questions about the advisability of taking this product, consult a physician prior to use. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRYPLACE.

Lot # and expiration date printed on bottom of bottle. V2R1



Supplement Facts

Serving Size 1 Tablet Servings Per Container: 60

*Daily Value not established.

Amount Per Serving

Melatonin 3mg

Other ingredients: Dextrose, microcrystalline cellulose, vegetable magnesium stearate and silicondioxide.

Distributed by: Phytoral 5125 Adanson St., Suite 500 Orlando, FL 32804 phytoral.com Phone: (312) 967-0576



60 tablets





These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.