

SUGGESTED USE

As a dietary supplement, take 3-6 capsules daily or as directed by a health professional.

Some research indicates that Calcium Bis-Glycinate is the most absorbable form of Calcium. Tests show that this form of Calcium is 205 times more soluble than Calcium Citrate. In human studies, Calcium Bis-Glycinate was shown to be 1.8 times (180%) more absorbable than Calcium Citrate and 21% better than Calcium Citrate Malate.**

*Digest[®]Plus is a proprietary blend of acid stable plant based enzymes including (Amylase, Protease I, Protease II, Lipase and Cellulase) for enhanced bioavailability.

Digest[®]Plus is a registered trademark of Specialty Enzymes & Biochemicals.

Manufactured in U.S.A. for: Pure Vegan
Phoenix, AZ 85040 • 1-800-796-0707

Keep Out Of Reach Of Children • Store In A Cool Dry Place

PURE VEGAN

Cal/Mag



*Calcium Bis-Glycinate
Magnesium Aspartate*

A DIETARY SUPPLEMENT

• 180 VEGETARIAN CAPSULES •

Supplement Facts

Serving Size: 6 Capsules

Servings Per Container: 30

Amount Per Serving		%DV
Calcium (as Calcium Bis-Glycinate)	1000 mg	100%
equivalent to 1620 mg of elemental calcium citrate		
Magnesium (as Magnesium Aspartate)	500 mg	125%
Vitamin D (as Ergocalciferol)	200 IU	50%

†Daily Value Not Established

Other Ingredients: Digest[®]Plus Delivery System* and vegetable capsule.

Does not contain any dairy, egg, sugar, corn, yeast, wheat, soy, gluten, artificial colors, flavors or preservatives.

**These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.



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