

# TWIN PACK

## #1 PHARMACIST RECOMMENDED\*

# Nature Made

### BURP-LESS\*

# Fish Oil

## 1200 mg

## 360 mg OMEGA-3

### PURIFIED TO REMOVE MERCURY†

### DIETARY SUPPLEMENT 140 SOFTGELS

### Helps Support a Healthy Heart†

### BURP-LESS\*

136207PEL201

Cat. A420

5A009

Nature Made Fish Oil supply comes from wild caught ocean fish, not farm raised fish.

\*State-of-the-art purification processes are used to remove PCBs, dioxins and furans, and mercury to ensure purity levels below 0.09 ppm, 2 ppt WHO TEQs, and 0.1 ppm respectively.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease. (See nutrition information for total fat, saturated fat and cholesterol content).

## Supplement Facts

Serving Size 2 Softgels

Servings Per Container 70

Amount Per Serving	% Daily Value
Calories 35	
Total Fat 3 g	4%**
Saturated Fat 1 g	5%**
Polyunsaturated Fat 1 g	
Monounsaturated Fat 0.5 g	
Cholesterol 25 mg	8%**
Total Carbohydrate 1 g	<1%**
Protein less than 1 g	
Fish Oil 2400 mg	*
Total Omega-3 Fatty Acids 720 mg	*
Omega-3 EPA (Eicosapentaenoic Acid) 360 mg	*
Omega-3 DHA (Docosahexaenoic Acid) 240 mg	*
Omega-3 Other 120 mg	*

\*Daily Value not established.

\*\*Percent Daily Values are based on a 2,000 calorie diet.

OTHER INGREDIENTS: Gelatin, Glycerin, Water, Methacrylic Acid Copolymer, Polysorbate 80, Glyceryl Monostearate, Triethyl Citrate, Tocopherols, Propylene Glycol.

Contains: Fish (Mackerel, Anchovy, Menhaden, Herring, Sardine).

Distributed by: **Nature Made Nutritional Products**,  
Mission Hills, CA 91346-9606, U.S.A. 1-800-276-2878 • [www.NatureMade.com](http://www.NatureMade.com)

Fish Oil Country of Origin is Peru.

Encapsulated and quality tested in the U.S.A.

**No Color Added • No Artificial Flavors  
No Yeast or Starch • Gluten Free**

**SUGGESTED USE:** Take 2 softgels daily with a meal. For easier swallowing, take with water before and during ingestion. Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.

**Do not use if imprinted seal under cap is broken or missing.**

**CAUTION:** If you are pregnant or nursing, taking medication, facing surgery, have bleeding problems, or undergoing any other treatment which may affect the ability of blood to clot, consult your physician before taking this product.

Fish Oil softgels are made to Nature Made's guaranteed purity and potency standards.

†Based on Pharmacy Times Survey of pharmacists recommending Omega-3/Fish Oil Supplements.

‡Enteric coated to reduce fish burps.

Lot:  
Exp: