

# TWIN PACK

## #1 PHARMACIST RECOMMENDED\*

136206PEL201  
Cat. A419  
5A008

Nature Made Fish Oil supply comes from wild caught ocean fish, not farm raised fish.

\*State-of-the-art purification processes are used to remove PCBs, dioxins and furans, and mercury to ensure purity levels below 0.09 ppm, 2 ppt WHD TEQs, and 0.1 ppm respectively.

# Nature Made

# Fish Oil

1200 mg

**360 mg OMEGA-3**



**PURIFIED TO  
REMOVE MERCURY\***

**Helps Support a  
Healthy Heart†**

DIETARY SUPPLEMENT  
**90 SOFTGELS**

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease. (See nutrition information for total fat, saturated fat and cholesterol content).

**No Color Added • No Artificial Flavors • No Yeast or Starch • Gluten Free**

**SUGGESTED USE:** Take 2 softgels daily with a meal. For easier swallowing, take with water before and during ingestion.

## Supplement Facts

Serving Size 2 Softgels

Servings Per Container 45

Amount Per Serving	% Daily Value
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Calories 35

Total Fat 3 g	4%**
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Saturated Fat 1 g	5%**
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Polyunsaturated Fat 1 g	
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Monounsaturated Fat 0.5 g	
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Cholesterol 25 mg	8%**
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Total Carbohydrate 1 g	<1%**
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Protein less than 1 g	
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Fish Oil 2400 mg	*
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Total Omega-3 Fatty Acids 720 mg	*
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Omega-3 EPA (Eicosapentaenoic Acid) 360 mg	*
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Omega-3 DHA (Docosahexaenoic Acid) 240 mg	*
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Omega-3 Other 120 mg	*
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\*Daily Value not established.

\*\*Percent Daily Values are based on a 2,000 calorie diet.

Keep bottle tightly closed. Store in a cool, dry place, out of reach of children. **Do not use if imprinted seal under cap is broken or missing.**

**CAUTION:** If you are pregnant or nursing, taking medication, facing surgery, have bleeding problems, or undergoing any other treatment which may affect the ability of blood to clot, consult your physician before taking this product.

**OTHER INGREDIENTS:** Gelatin, Glycerin, Water, Tocopherols.

Contains: Fish (Mackerel, Anchovy, Menhaden, Herring, Sardine).

Distributed by:

**Nature Made Nutritional Products,**  
Mission Hills, CA 91346-9606, U.S.A.

**1-800-276-2878**

**www.NatureMade.com**

Fish Oil Country of Origin is Peru.

Encapsulated and quality tested in the U.S.A.

USP has tested and verified ingredients, potency and manufacturing process. USP sets official standards for dietary supplements. [www.uspverified.org](http://www.uspverified.org)

\*Based on Pharmacy Times Survey of pharmacists recommending Omega-3/ Fish Oil Supplements.

Lot:  
Exp: