

TWIN PACK

116466L200
Cat. A487
5A007



Super B-Complex



**KEY B VITAMINS
+ VITAMIN C**

DIETARY SUPPLEMENT
140 TABLETS

Cellular Energy
Production &
Antioxidant
Support^{†‡}

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

B VITAMINS HELP CONVERT FOOD INTO CELLULAR ENERGY*

B Vitamins are also necessary for normal functioning of the nervous system.[†]
Our Super B-Complex formula also contains vitamin C for antioxidant support and to help support the immune system.[†]
No Color Added • No Artificial Flavors • No Preservatives • No Yeast or Starch • Gluten Free

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	% Daily Value
Vitamin C (as Ascorbic Acid) 150 mg	250%
Thiamin (as Thiamin Mononitrate) 100 mg	6667%
Riboflavin 20 mg	1176%
Niacin (as Niacinamide) 25 mg	125%
Vitamin B ₆ (as Pyridoxine Hydrochloride) 2 mg	100%
Folic Acid 400 mcg	100%
Vitamin B ₁₂ (as Cyanocobalamin) 15 mcg	250%
Biotin 30 mcg	10%
Pantothenic Acid (as d-Calcium Pantothenate) 5.5 mg	55%
Calcium (as Dibasic Calcium Phosphate) 35 mg	4%

SUGGESTED USE: Take one tablet daily with a meal. For easier swallowing, take with water before and during ingestion.

Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

CAUTION: Consult a physician before use if you are taking any prescription medications, including anticonvulsants.

OTHER INGREDIENTS: Cellulose Gel, Hypromellose, Croscarmellose Sodium, Magnesium Stearate, Silicon Dioxide, Polyethylene Glycol.

Distributed by:
Nature Made Nutritional Products
Mission Hills, CA 91346-9606, U.S.A.
1-800-276-2878
www.NatureMade.com

USP has tested and verified ingredients, potency and manufacturing process. USP sets official standards for dietary supplements. www.uspverified.org
‡ Contains antioxidant Vitamin C

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot: Exp: