

Exp. Date:

Lot No.:

DIRECTIONS: Adults: Take one (1) softgel daily as a dietary supplement or as recommended by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN

Caution: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Keep bottle tightly closed.

Store between 15°-30°C (59°-86°F).

DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

FREE OF: milk, egg, fish, shellfish, tree nuts, wheat, peanuts and soy.

Rev. 0217
11045seg
100cc



Vitamin D₃
125 mcg (5000 IU)

DIETARY SUPPLEMENT

100 SOFTGELS

Supplement Facts

Serving Size 1 Softgel

Amount per Softgel	% Daily Value
Vitamin D ₃ 125 mcg (5000 IU) (as cholecalciferol)	625%

OTHER INGREDIENTS: Extra virgin olive oil, gelatin, glycerin and purified water.

Distributed by: **Reliable-1 Laboratories LLC**
Valley Stream, NY 11580

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