

BONUS SIZE 25% MORE • BONUS SIZE 25% MORE

Bite into the newest, most powerfully delicious form of creatine on the planet, CHEWIES™ DI-CREATINE from Betancourt Nutrition. Whether it's before, during, or after your workout, or any other time or place, CHEWIES DI-CREATINE is there to cheer you and your entourage of muscles on with 5000 mg of highly-purified di-creatine malate that begins its bodybuilding anabolic journey the instant you pop it into your mouth and sink your teeth into any one of three fruit-inspired, "addictively-sweet" flavors.†

CHEWIES™ DI-CREATINE

- 5000 mg of di-creatine malate per serving: More hydrosoluble than creatine
- Formulated, tested and certified by Betancourt's own manufacturing laboratory†
- "Immediately anabolic": Absorption begins with the first bite†
- Zero sodium: With zero sodium, CHEWIES DI-CREATINE increases the ratio of intracellular to extracellular hydration, thereby promoting greater muscle hardness, definition and overall anabolism†
- Rapidly increase muscle creatine and phosphocreatine levels above and beyond what can be achieved through the diet
- Increase muscle hydration and volumization (expansion)†
- Increase lean mass†
- Reduce percentage (%) body fat†
- Delay fatigue and speed recovery between sets†
- Increase lifting capacity, strength and power†
- Accelerate recovery of muscle glycogen levels†
- Support plasma volume, brain creatine and phosphocreatine levels†
- Increase overall physical and mental performance†
- Stack with CHEWIES™ BCAA and GLUTAMINE for greater bodybuilding potency†

CHEWIES™ DI-CREATINE does not contain any substances banned by national collegiate sports associations.

PRECAUTIONS: CHEWIES is intended for use by male and female bodybuilding athletes 18 years of age and older. **WARNING:** If you are pregnant, nursing or taking any medications, consult your doctor before use. Do not use if inner safety seal is broken. Store in a dry place at room temperature (68-77°F or 20-25°C). Keep away from children.

† These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.



Formulated, tested and certified exclusively by
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**BETANCOURT™
NUTRITION**

**Creatine
CHEWIES**

DIETARY SUPPLEMENT

5000 mg
DiCreatine Malate™

"TRIPLE-SHOT" VARIETY

TROPICAL WILD BERRY GRAPE



160 TABS

ADDICTIVELY SWEET

CHEWABLES

SUPPLEMENT FACTS

Serving Size: 4 tablets

Servings Per Container: 40

Amount Per Serving	%Daily Value*
Calories	18
Total Carbohydrate	4.5 g 1%
Sugars	1 g
Sodium	1 mg <1%
Carbohydrate Complex	3.5 g **
DiCreatine Malate™	5000 mg **

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established

Other Ingredients: Maltodextrin, Microcrystalline Cellulose, Sucrose, Mannitol, Stearic Acid, N & A Flavors, Citric Acid, FD&C Red #40 lake, FD&C Blue #2 lake, FD&C Yellow #6 lake and Sucralose.

RECOMMENDED DOSAGE*

Beginner Bodybuilding Athlete (up to 1 year of resistance exercise performed at least 3 times weekly): Consume (thoroughly chew and swallow) 1 serving (4 tabs) of CHEWIES DI-CREATINE 30 minutes pre-training along with 240 ml (1 cup) of water. Total daily serving: 1.†

Intermediate Bodybuilding Athlete (1-3 years of resistance exercise performed at least 3 times weekly): Consume 1 serving (4 tabs) of CHEWIES DI-CREATINE 30 minutes pre-training along with 240 ml (1 cup) of water: Consume 1 serving immediately post-training. Total daily serving: 2.†

Advanced Bodybuilding Athlete (>3 years of resistance exercise performed at least 3 times weekly): Consume 1 serving (4 tabs) of CHEWIES DI-CREATINE 30 minutes pre-training along with 240 ml (1 cup) of water. Consume 1 serving immediately post-training. On non-training days, consume 1 serving immediately after a carbohydrate-containing meal (e.g. potato, rice, cereal). After 4 weeks of supplementation with CHEWIES DI-CREATINE take 2 weeks off before resuming use. Total daily servings: Training days: 2. Non-training days: 1.†

Lot No./Best By:

