

List No. 4259
L201
Cat. A706
5A007

NatureMade

HAIR, SKIN, & NAILS[†]

**SUPPORTS COLLAGEN
SYNTHESIS
WITH VITAMIN C[†]**

- 2,500 mcg Biotin
- May Help Support Healthy Hair, Skin & Nails^{††}
- Just One Softgel per Day

**220
SOFTGELS**

DIETARY
SUPPLEMENT

† These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

No Color Added • No Artificial Flavors • No Preservatives • No Yeast or Starch • Gluten Free

SUGGESTED USE: Take 1 softgel daily with a meal. For easier swallowing, take with water before and during ingestion.

Supplement Facts

Serving Size 1 Softgel

Amount Per Softgel	% Daily Value
Vitamin A (as Beta Carotene) 2500 IU	50%
Vitamin C (as Ascorbic Acid) 100 mg	167%
Biotin 2500 mcg	833%
Zinc (as Zinc Oxide) 11 mg	73%
Copper (as Copper Oxide) 0.9 mg	45%

Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

OTHER INGREDIENTS: Medium Chain Triglycerides, Gelatin, Glycerin, Dibasic Calcium Phosphate, Yellow Beeswax, Water, Soy Lecithin, Soybean Oil, Polysorbate 80.

Contains: Soy.

Distributed by:

Nature Made Nutritional Products

Mission Hills, CA 91346-9606, U.S.A.

1-800-276-2878 • www.NatureMade.com

Encapsulated and quality tested in the U.S.A.

[†]May help support hair, skin and nails in those that are biotin deficient.[†]

Hair, Skin and Nails softgels are made to Nature Made's guaranteed purity and potency standards.

**†This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.**

Lot: _____
Exp: _____