

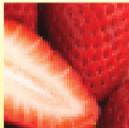
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**NATURAL  
FRUIT FLAVORS**

adult gummies

# Melatonin



Helps support sleep<sup>†</sup>

**110 GUMMIES**  
DIETARY SUPPLEMENT

**Strawberry**  
with other natural flavors

<sup>†</sup>This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Made with natural fruit flavors that adults prefer, **Nature Made Adult Gummies** are a great tasting way to take your vitamins and supplements. We're so sure you'll love the taste, we guarantee it. For more information on our **Love Them or They're Free** guarantee, visit [www.naturemade.com/gummyguarantee](http://www.naturemade.com/gummyguarantee).

**All Natural Flavors • Color Derived from Natural Source – No Synthetic Dyes • No Yeast • Gluten Free**

**SUGGESTED USE:** Chew one gummy one hour before bedtime. Do not exceed one gummy daily unless recommended by a health care professional.

Keep bottle tightly closed. Store in a cool, dry place, out of the reach of children.

## Supplement Facts

Serving Size 1 Gummy

Amount Per Serving	% Daily Value
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Calories 10	
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Total Carbohydrate 2 g	1%**
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Total Sugars 1 g	*
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Includes 1 g Added Sugars	2%**
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Melatonin 2.5 mg	*
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\* Daily Value not established.

\*\* Percent Daily Values are based on a 2,000 calorie diet.

**OTHER INGREDIENTS:** Corn Syrup, Sugar, Water, Gelatin, Citric Acid, Malic Acid, Palm Oil, Natural Flavors, Carnauba Wax, Carmine (Color).

Distributed by: **Nature Made Nutritional Products**  
Mission Hills, CA 91346-9606, U.S.A.  
**1-800-276-2878 • [www.NatureMade.com](http://www.NatureMade.com)**

Melatonin adult gummies are made to Nature Made's guaranteed purity and potency standards.

**Do not use if imprinted seal under cap is broken or missing.**

**WARNING:** Do not use this product unless advised by a physician if you are pregnant, attempting to become pregnant, or nursing; or if you are taking any medications or have any chronic disease, including hypertension (high blood pressure), diabetes, or an endocrine, auto-immune, depressive, bleeding or seizure disorder. Do not take melatonin while operating a motor vehicle or machinery. Not intended for individuals under the age of 18. Consult a healthcare professional if you are experiencing persistent sleep difficulties.

Lot:  
Exp.:

