

#1 PHARMACIST
RECOMMENDED*

List No. 4221 CAL201
Cat. A605 5A009

Fish oils used to produce this product are derived from wild caught ocean fish, not farm raised fish.

*State-of-the-art purification processes are used to remove PCBs, dioxins and furans, and mercury to ensure purity levels below 0.09 ppm, 2 ppt WHO TEGs, and 0.1 ppm respectively.

Nature Made

ULTRA

Omega-3^{††} Supplement from

Fish Oil

1400 mg

1000 mg OMEGA-3^{††}

**1 PER
DAY**

**PURIFIED TO
REMOVE MERCURY***

**Helps Support a
Healthy Heart[†]**

DIETARY SUPPLEMENT
130 SOFTGELS

BURP-LESS*

^{††}As ethyl esters

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††This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Nature Made Ultra Omega-3 Supplement from Fish Oil is our highest strength omega-3 product, providing 1000 mg of total omega-3s in one enteric coated softgel to help reduce fish-burps. Using a highly concentrated oil, **Nature Made Ultra Omega-3 Supplement from Fish Oil** has 3 times more omega-3 fatty acids per softgel (1000 mg) than our standard fish oil softgel (300 mg) and you take only one per day.

Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease. (See nutrition information for total fat and cholesterol content.)

Supplement Facts

Serving Size 1 Softgel

Amount Per Softgel	% Daily Value
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Calories 15	
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Total Fat 1.5 g	2%**
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Polyunsaturated Fat 1 g	
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Cholesterol 15 mg	5%**
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Total Carbohydrate less than 1 g	< 1%**
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Omega-3 Concentrate from Fish Oil ^{††} 1400 mg	*
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Total Omega-3 Fatty Acids ^{††} 1000 mg	*
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EPA (Eicosapentaenoic Acid) Omega-3 ^{††} 683 mg	*
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DHA (Docosahexaenoic Acid) Omega-3 ^{††} 252 mg	*
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Other Omega-3 ^{††} 65 mg	*
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*Daily Value not established.

**Percent Daily Values are based on a 2,000 calorie diet.

**No Color Added • No Artificial Flavors
No Yeast or Starch • Gluten Free**

SUGGESTED USE: Take one softgel daily with a meal for optimal absorption. Do not exceed 2 softgels per day. For easier swallowing, take with water before and during ingestion.

Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

CAUTION: If you are pregnant or nursing, or taking medication, facing surgery, have bleeding problems, or undergoing any other treatment which may affect the ability of blood to clot, consult your physician before taking this product.

OTHER INGREDIENTS: Gelatin, Glycerin, Methacrylic Acid Copolymer, Water, Triethyl Citrate, Polysorbate 80, Glycerol Monostearate, Propylene Glycol, Tocopherols. Contains: Fish (Anchovy, Sardine, Mackerel).

Distributed by:

Nature Made Nutritional Products,
Mission Hills, CA 91346-9606, U.S.A.
1-800-276-2878 • www.NatureMade.com

Fish Oil Country of Origin is Canada.
Encapsulated and quality tested in the U.S.A.

Fish oil softgels are made to Nature Made's guaranteed purity and potency standards.

^{††}As ethyl esters

♦Enteric coated to reduce fish burps.

† Based on Pharmacy Times Survey of pharmacists recommending Omega-3/Fish Oil Supplements.

Lot: Exp: