

Easier to swallow tablets²

We know that taking big pills every day can be a challenge. That's why we have developed easier to swallow, smaller tablets than other leading joint care brands². Our exclusive state-of-the-art technology allows us to pack the same amount of our powerful ingredients into a smaller tablet, making it easier to take every day for the best possible results.



Move Free is proud to support the Arthritis Foundation's efforts to conquer arthritis. For information, call 800-283-7800 or visit arthritis.org

Move Free is a Proud Sponsor of the Arthritis Foundation:
Visit www.movefree.com

²Move Free[®] Advanced tablets are smaller than other leading joint care products containing the combination of glucosamine and chondroitin.

JOIN, EARN POINTS
& GET REWARDS



www.movefreerewards.com

See cap sticker for details
Valid for U.S. residents only.

Schiff
SINCE 1934



**Advanced
PLUS MSM**

with Glucosamine + Chondroitin

SUPPORTS
5 SIGNS OF
JOINT
HEALTH*

Mobility
Comfort
Strength
Flexibility
Lubrication

PLUS: Extra Cartilage Support*

120 COATED DIETARY
TABLETS SUPPLEMENT | 3 PILLS
PER DAY

082317

3035280

LOT:
EXP:



0 20525 11868 4

DIRECTIONS: Adults take three (3) tablets once a day with a meal OR one (1) tablet three times daily with meals.

Supplement Facts

Serving Size 3 Tablets Servings Per Container 40		
	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	2 g	<1%*
Glucosamine Hydrochloride	1500 mg	†
MSM (methylsulfonylmethane)	1500 mg	†
Calcium Fructoborate	216 mg	†
Chondroitin Sulfate	200 mg	†
Hyaluronic Acid	3.3 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

Other Ingredients: microcrystalline cellulose, coating (hydroxypropyl methylcellulose, modified corn starch, titanium dioxide, polyethylene glycol, glycerin, magnesium stearate)

CONTAINS SHELLFISH (SHRIMP, CRAB, LOBSTER AND CRAYFISH)

Distributed by: Rockitt Benckiser
Parsippany, NJ 07054-0224

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For information call: 1-800-526-6251
www.movefree.com



HEALTH-HYGIENE-HOME

KEEP OUT OF REACH OF CHILDREN.

Not for use by pregnant or breastfeeding women. If on prescribed medication, consult your physician before use.

Not suitable for use by anyone under the age of 18 years old.

Protected with a tamper evident seal. Do not use if seal under cap is broken or missing.

Store in a cool, dry place with lid tightly closed.

Chondroitin Sulfate is derived from bovine, porcine, and/or avian sources.



The MSM in this product is a registered trademark of Basmagroup Nutrition.



FruiteX-B[®] Calcium Fructoborate is a registered trademark of VDF FutureCeuticals, Inc. FruiteX-B[®] Calcium Fructoborate is manufactured under US Patent #5,962,049 and pending foreign patents. Used under license from VDF FutureCeuticals, Inc.

HOW DOES MOVE FREE[®] WORK?

Move Free[®] Advanced supports 5 signs of joint health: mobility, flexibility, strength, lubrication and comfort so you can do the things you love.*

Glucosamine:

Glucosamine is key for the formation of cartilage, an essential building block of your joints. Glucosamine also supports the mobility and flexibility you want in everyday life.*

Chondroitin:

Chondroitin is a building block of cartilage that supports joint strength by helping to resist compression in the joint. Chondroitin attracts fluid to your joints to support cushioning and lubrication.*

Uniflex[®] (or FruiteX-B Calcium Fructoborate):

Uniflex[®] is a clinically tested mineral complex that supports joint comfort in as little as 2 weeks.*

Joint Fluid (or Hyaluronic Acid):

Hyaluronic Acid is the same molecule found in healthy joint fluid that supports joint lubrication and smooth movement. As we get older, our levels of HA tend to decrease.*

Move Free[®] Advanced PLUS MSM also provides extra cartilage support.*

Methylsulfonylmethane (MSM):

MSM is a source of sulfur found in the body that is important in the formation of collagen in joints¹. Collagen is a vital part of your joints because it supports the structure of cartilage. The amount of MSM found in this formula is the tested amount shown to support joint comfort.*

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

¹J Aging Res Clin Pract 2014; 3(4): 223-228.