

WE WANT YOU TO KNOW

That every nutrient that goes into our gummies is carefully chosen based on extensive research. And just as much care goes into making them delicious.

VEGETARIAN SUPERSTAR INGREDIENTS

VEGETARIAN OMEGA 3s

PROBIOTIC* *BACILLUS SUBTILIS*

FOLATE AS METHYLFOLATE

VITAMIN D AS D3

VITAMIN B12
AS METHYLCOBALAMIN

BIOTIN

IODINE

CHOLINE

ZINC

SMARTY PANTS® ORGANICS



PRENATAL COMPLETE



MULTIFUNCTION

MULTI and OMEGA 3s

probiotics for DIGESTION*

folate for FETAL DEVELOPMENT*

vitamin D3 for BONES*

vitamin B12 for ENERGY*

150 VEGETARIAN
GUMMIES

DIETARY
SUPPLEMENT

Directions: For pregnant or lactating women, take five (5) gummies daily. May be taken with or without food.

Supplement Facts

Serving Size 5 Gummies
Servings Per Container 30

Amount Per 5 Gummy Serving		% Daily Value Preg Women & Lact Women
Calories	50	
Total Carbohydrate	11 g	4%
Sugars	7 g	**
Includes 7 g Added Sugars		15%
Vitamin A (as 50% beta-carotene, retinyl palmitate USP)	520 mcg	40%
Vitamin C (as organic acerola cherry extract)	48 mg	40%
Vitamin D (D-3 as cholecalciferol USP)	30 mcg (1200 IU)	200%
Vitamin E (as d-alpha-tocopherol from sunflower oil FCC)	14.3 mg	75%
Thiamin (Vitamin B-1 as thiamine mononitrate USP)	0.14 mg	10%
Riboflavin USP (Vitamin B-2)	0.16 mg	10%
Niacin (Vitamin B-3 as inositol niacinatate USP)	18 mg	100%
Vitamin B-6 (as pyridoxal 5-phosphate)	2 mg	100%
Folate (as L-methylfolate, calcium salt)	600 mcg DFE 360 mcg L-methylfolate	100%
Vitamin B-12 (as methylcobalamin)	3.5 mcg	125%
Biotin USP	17.5 mcg	50%
Pantothenic acid (as calcium D-pantothenate USP)	7 mg	100%
Choline (as choline bitartrate USP)	11 mg	2%
Iodine (as potassium iodide USP)	290 mcg	100%
Zinc (as zinc citrate USP)	3.9 mg	30%
Selenium (as sodium selenite)	14 mcg	20%
Sodium	30 mg	1%
Organic Flax Seed Oil	341 mg	**
Omega-3 (α-Linolenic Acid)	171 mg	**
Omega-6 (Linoleic Acid)	43 mg	**
Omega-9 (Oleic Acid)	55 mg	**
Vitamin K-2 (as menaquinone-7)	18 mcg	**
Inositol (from inositol niacinatate)	5 mg	**
<i>Bacillus subtilis</i> (organic maltodextrin ≥70%, DE111®) 1 Billion CFU	10 mg	**

† Percent Daily Value based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Organic Cane Sugar, Organic Tapioca Syrup, Organic Lemon Concentrate, Pectin, Organic Natural Flavors, Colors Added (Organic Maqui Berry Concentrate), Sodium Citrate, Citric Acid, Organic Sunflower Oil, Corn Starch, Organic Carnauba Wax.

FREE OF

soy, synthetic colors, artificial flavors and preservatives, yeast, wheat, milk, eggs, gluten, peanuts, tree nut allergens, fish allergens, shellfish, and salicylates. **YAY!**

EVERY BATCH 3RD PARTY LAB TESTED

WARNING Keep out of reach of children. Consult your health care provider before use if you have a medical condition, are on any medications, are planning a medical procedure, or are pregnant or nursing. Do not use if inner safety seal is broken. Do not exceed recommended dosage.

Do not freeze, product may darken over time.

Manufactured in Canada and packaged in California.

Distributed by SmartyPants, Inc., Marina del Rey, CA 90292 USA.

Certified Organic by QAI

For Customer Support: 1-888-751-2291

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This bottle contains 80% post-consumer recycled material and label is 100% post-consumer recycled material.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

