DIRECTIONS: Swallow or chew 3 caplets before eating any food that contains lactose.

KEEP OUT OF REACH OF CHILDREN
Keep bottle tightly closed. Store between

15°.30°C (59°-86°F).

DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

FREE OF: milk, egg, fish, shellfish, tree nuts, wheat, peanut and soy.

†Reliable 1 Laboratories LLC is not affiliated with the owner of the trademark Lactaid®

Original. Rev 0915 11760A 100cc



Compare to lactase in Lactaid® Original.†



Lactase

Enzyme

50 CAPLETS

Supplement Facts

Serving Size 3 Caplets
Servings per container Approximately 17
Amount per Serving % DV

17 ma

<1%

(as sodium citrate)

Lactase enzyme 9000 FCC Units

Sodium

*Daily Value (DV) not established.

OTHER INGREDIENTS: Dextrose, mannitol, microcrystalline cellulose, dicalcium phosphate, silicon dioxide and magnesium stearate.

Distributed by: Reliable 1 Laboratories LLC

Valley Stream, NY 11580
(516) 341-0666 www.reliable1labs.com