

Exp. Date:

Lot No.:

DIRECTIONS: Adults: Take one (1) softgel daily with a meal.

KEEP OUT OF REACH OF CHILDREN

Keep bottle tightly closed. Store between 15°-30°C (59°-86°F).

DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

FREE OF: milk, egg, shellfish, tree nuts, wheat and peanut.

Rev. 0915 11753seg 180cc



**Omega 3
500**

DIETARY SUPPLEMENT

50 SOFTGELS

Supplement Facts

Serving Size 1 Softgel

Amount per Softgel	% DV	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%*
Vitamin E (d-alpha tocopherol) (added as an antioxidant)	1 IU	3%
Fish Oil	1000 mg	**
Total Omega-3 fatty acids	500 mg	**
EPA (eicosapentaenoic acid) as ethyl ester	300 mg	**
DHA (docosahexaenoic acid) as ethyl ester	200 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value (DV) not established.

OTHER INGREDIENTS: Gelatin, glycerin, purified water and soybean oil. **Contains fish (sardine and anchovy)**

Distributed by: Reliable 1 Laboratories LLC

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