DIRECTIONS: Shake well before using. Take one tablespoon once or twice daily between or after meals as a dietary supplement.

Nature's Diet & Health Secret

Apple cider vinegar has been valued for centuries for its many health benefits. Thanks to its numerous proteins, enzymes, friendly bacteria and high acetic acid content, apple cider vinegar helps promote weight kos, satiety and proper dioestion. It is also aids detoxification and fluid balance.[†]

Country Farms Organic Apple Cider Vinegar is raw and unfiltered, providing the cloudy strands of proteins known as the "mother" that you need to promote good health. This proprietary formula also contains ginger, cayenne and maple.*

Drink to your health!1

- . Keep out of reach of children
- Store in a cool, dry place.
- Protect from heat, light and moisture.
 Do not use if inner seal is broken.
- Refrigerate after opening

†These statements have not been evaluated by the Food and Orug Administration This product is not intended to dagnose, treat, cure or prevent any disease.





ORGANIC

Apple Cider Vinegar

with Ginger, Cayenne & Maple

Cleanses & Detoxifies[†] Helps Balance Fluids[†] Supports Digestion[†]



Raw & Unfiltered with Active "Mother"

DIETARY SUPPLEMENT • 16 FL.OZ. (473 mL)

Supplement Facts Serving Size: 1 Tablespoon (15 mL) / Servings Per Container: 32 Amount Per Serving % Daily Value* Potassium 20 mg <1% Proprietary Blend 15 g Organic Apple Cider Vinegar with mother, Organic Ginger root, Organic Dark Maple Syrup

*Daily Value not established.

and Organic Cavenne peoper

"The "mother" is the brownish colored sedimentation at the bottom of the bottle that gives vinegar a cloudy or web-like appearance when the bottle is shaken.

Certified Organic by QCS Quality Certification Services



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