

#1 PHARMACIST
RECOMMENDED*

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List No. 4167
PEL200
Cat. A411
5J010

Nature Made Fish Oil supply comes from wild caught ocean fish, not farm raised fish.

* State-of-the-art purification processes are used to remove PCBs, dioxins and furans, and mercury to ensure purity levels below 0.09 ppm, 2 ppt WHO TEQs, and 0.1 ppm respectively.

**Nature Made**

Fish Oil

1000 mg

300 mg OMEGA-3



**PURIFIED TO
REMOVE MERCURY***

**Helps Support a
Healthy Heart†**

DIETARY SUPPLEMENT
320 SOFTGELS

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease. (See nutrition information for total fat and cholesterol content).

No Color Added • No Artificial Flavors • No Yeast or Starch • Gluten Free

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 160

Amount Per Serving	% Daily Value
Calories 20	
Total Fat 2 g	3%**
Polyunsaturated Fat 0.5 g	
Cholesterol 20 mg	7%**
Total Carbohydrate less than 1 g	< 1%**
Protein less than 1 g	
Fish Oil 2000 mg	*
Total Omega-3 Fatty Acids 600 mg	*
Omega-3 EPA and DHA 500 mg	*
Omega-3 Other 100 mg	*

*Daily Value not established.

**Percent Daily Values are based on a 2,000 calorie diet.

SUGGESTED USE: Take 2 softgels daily with a meal. For easier swallowing, take with water before and during ingestion. Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

CAUTION: If you are pregnant or nursing, taking medication, facing surgery, have bleeding problems, or undergoing any other treatment which may affect the ability of blood to clot, consult your physician before taking this product.

OTHER INGREDIENTS: Gelatin, Glycerin, Water, Tocopherol.

Contains: Fish (Mackerel, Anchovy, Menhaden, Herring, Sardine).

Distributed by: **Nature Made Nutritional Products**
Mission Hills, CA 91346-9606, U.S.A.

1-800-276-2878 • www.NatureMade.com

Fish Oil Country of Origin is Peru.
Encapsulated and quality tested in the U.S.A.

USP has tested and verified ingredients, potency and manufacturing process.

USP sets official standards for dietary supplements. www.uspverified.org

‡ Based on Pharmacy Times Survey of pharmacists recommending Omega-3/Fish Oil Supplements

Lot:
Exp: