

List No. 4132
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5B010

**VALUE
SIZE**

Nature Made.

**NATURAL
FRUIT FLAVORS**

adult gummies

Hair·Skin·Nails



May help support healthy hair, skin and nails††

150 GUMMIES

Biotin & Vitamin C SUPPLEMENT

**Mixed Berry, Cranberry
& Blueberry**
with other natural flavors

††This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Made with natural fruit flavors that adults prefer, **Nature Made Adult Gummies** are a great tasting way to take your vitamins. We're so sure you'll love the taste, we guarantee it. For more information on our **Love Them or They're Free** guarantee, visit www.naturemade.com/gummyguarantee.

Supplement Facts

Serving Size 2 Gummies
Servings Per Container 75

Amount Per Serving	% Daily Value
Calories 15	
Total Carbohydrate 4 g	1%**
Sugars 2 g	*
Vitamin C 100 mg (as Ascorbic Acid & Sodium Ascorbate)	167%
Biotin 2500 mcg	833%
Sodium 10 mg	<1%

* Daily Value not established.

** Percent Daily Values are based on a 2,000 calorie diet.

All Natural Flavors
Colors Derived from Natural Sources -
No Synthetic Dyes
No Yeast
Gluten Free

SUGGESTED USE: Chew two gummies daily.

Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

CAUTION: Some supplements may interact with certain medications. If you are taking any medication, please consult with your physician before taking this product.

Biotin & Vitamin C adult gummies are made to Nature Made's guaranteed purity and potency standards.

†May help support healthy hair, skin and nails in those deficient in biotin†

OTHER INGREDIENTS: Corn Syrup, Sugar, Water, Gelatin, Citric Acid, Sodium Citrate, Palm Oil, Natural Flavors, Lactic Acid, Colors Added, Carnauba Wax.

Distributed by: **Nature Made Nutritional Products**
Mission Hills, CA 91346-9606, U.S.A.
1-800-276-2878 • www.NatureMade.com

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