

#1 PHARMACIST  
RECOMMENDED†

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List No. 4130  
L202  
Cat. A520  
5A008

  
**Nature Made**

**B<sub>12</sub>**

**VITAMIN 1000 mcg**



**Supports Cellular  
Energy Production  
in the Body†**

DIETARY SUPPLEMENT  
**400 SOFTGELS**

†This statement has not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure or prevent any disease.

**SUPPORTS CELLULAR ENERGY PRODUCTION IN THE BODY†** – Vitamin B<sub>12</sub> is important for the metabolic pathways that release cellular energy from fat and protein.†

**Colors Derived From Natural Sources - No Synthetic Dyes  
No Artificial Flavors • No Preservatives • No Yeast or Starch • Gluten Free**

**SUGGESTED USE:** Take one softgel daily with a meal. For easier swallowing, take with water before and during ingestion. Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.

**Do not use if imprinted seal under cap is broken or missing.**

## Supplement Facts

Serving Size 1 Softgel

Amount Per Softgel	% Daily Value
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Vitamin B <sub>12</sub> (as Cyanocobalamin )	1000 mcg 16,667%
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**OTHER INGREDIENTS:** Soybean Oil, Gelatin (Porcine), Glycerin, Yellow Beeswax, Water, Soy Lecithin, Colors Added (Including Carmine).

Contains: Soy.

Distributed by: **Nature Made Nutritional Products**

Mission Hills, CA 91346-9606, U.S.A.

**1-800-276-2878 • www.NatureMade.com**

USP has tested and verified ingredients, potency, and manufacturing process. USP sets official standards for dietary supplements. [www.uspverified.org](http://www.uspverified.org).

†Based on Pharmacy Times Survey of pharmacists recommending Letter Vitamin Supplements.

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Lot:  
Exp.:



ITEM #  
**864070**