Bio-Balanced Bone Matrix System provides targeted, bioavailable nutrient support needed for healthy bone building and repair. Unique formulas deliver Food-Based, Calcium/Magnesium ratios with targeted vitamins and minerals, supports healthy bone building for individual lifestyle needs.

Scientifically Advanced bone strengthening formula for building strong bones and maintaining bone density.

Bioavailable Nutrient Support from 1,000 mg calcium, 1,000 IU Vitamin D₃, and 500 mg magnesium (necessary for bone formation). manganese to support bone growth and formation, and boron to aid in reducing the excretion of calcium and magnesium.

Natural K, therapeutic dose increases calcium deposition and mineralization within the bones. K₂ also helps to prevent and inhibit bone breakdown and arterial calcification.

Digestive Support parsley and Betaine HCI support healthy digestion and aid in the ionization of minerals for best utilization.

> SUGGESTED USAGE: Four tablets daily with or between meals.

GUARANTEE: 100% Natural - Free of artificial colors, flavors, sweeteners, preservatives and other objectionable additives often found in vitamin products. Contains no sugar, lactose/dairy, wheat, gluten or yeast.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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RAINBOW LIGHT®

Osteo-Build



Therapeutic Bone Strength Formula 1,000 mg Calcium & 500 mg Magnesium Optimal D₃ + Natural K₂

120 Tablets

Supplement Facts

Serving Size 4 Tablets

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	Amount Per Serving	%DV
Vitamin D (as D3 Cho	lecalciferol) 1,000 IU	250%
Vitamin K1 (as Phytor	nadione)100 mcg	125%
Vitamin K2 (as MK-7)	MenaQ7™ 45 mcg	56%
Calcium (as Amino Ad	id Chelate,	
Citrate-Malate)	1,000 mg	100%
Magnesium (as Amino	Acid Chelate,	
Oxide, Krebs Comple	ex†, Aspartate) 500 mg	125%
Zinc (as Citrate)	20 mg	133%
Copper (as Amino Aci	d Chelate) 2 mg	100%
Manganese (as Citrate	e) 5 mg	250%
Boron (as Glycinate) -	2 mg	*
Nourishing Herbal Su	pport 170 mg	*
(equivalent to 530 mg	of herbal powder)	
Horsetail [herb], Gotu	ı Kola [leaf] 4:1 Extract,	
Stinging Nettle [leaf]	4:1 Extract	
Gentle Digestive Sup		
	rate50 mg	
Betaine HCI	60 mg	*

Formulated & Distributed by Rainbow Light Nutritional Systems McPherson St., Santa Cruz, CA 95060 ©2010 www.rainbowlight.

* Daily Value (DV) not established.

† Krebs Complex is a blend of citrate, malate, succinate, fumarate & alpha ketoglutarate forms of this mineral for optimal absorption.

Other Ingredients: natural mineral or vegetable source cellulose, stearic acid (vegetable), modified cellulose, magnesium stearate, silica. Coating: vegetable food glaze. Contains soy in vegetable glaze (lecithin) and K2 (from Natto).