List No. 4105 L201 Cat. A671 5,1030

Nature Made. VitaMelts<sup>\*</sup> FAST DISSOLVE Sleep<sup>†</sup> Melatonin 3 mg





100 Tablets **Dietary Supplement** 

Chocolate Mint with other natural flavors

Nature Made VitaMelts® is a line of innovative tablets that smoothly dissolve in your mouth. No water is needed to take these supplements! Helps Support Sleep No Color Added - No Artificial Flavors - No Preservatives - No Yeast

of children. Do not use if imprinted seal under cap is broken or missing.

SUGGESTED USE: Dissolve one tablet in mouth before swallowing, one hour before bedtime. Do not exceed one tablet daily unless recommended by a health care professional. Keep bottle tightly closed. Store in a cool, dry place, and away from direct sunlight. Keep out of reach

WARNING: This product contains melatonin. Do not use this product unless advised by a physician if you are pregnant, attempting to become pregnant, or **Supplement Facts** nursing; or if you are taking any medications or have any chronic disease, including hypertension (high blood Serving Size 1 Tablet

pressure), diabetes, or an endocrine, auto-immune,

depressive, bleeding or seizure disorder. Do not drive a motor vehicle or operate machinery when taking

melatonin. Not intended for individuals under the age of

18 years. Consult a health care professional if you are

Melatonin 3 mg

CONTAINS: Wheat.

\*Daily Value not established.

Amount Per Tablet

experiencing persistent sleep difficulties. OTHER INGREDIENTS: Mannitol, Corn Starch, Stearic Acid, Crospovidone, Natural Flavors, Magnesium Stearate, Silicon Dioxide, Sucralose, Modified Food Starch.

Distributed by: Nature Made Nutritional Products Mission Hills, CA 91346-9606, U.S.A. 1-800-276-2878 · www.NatureMade.com

USP has tested and verified ingredients, potency, and manufacturing process. USP sets official standards for dietary supplements. www.uspverified.org

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.