

EVERYDAY VALUE

List No. 4078
L200
Cat. A806
5A004

Nature Made

Magnesium

250 mg

DIETARY SUPPLEMENT

~~100~~ **120** TABLETS

**Helps Support
Nerve, Muscle &
Heart Function†**

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

HELPS SUPPORT NERVE, MUSCLE & HEART FUNCTION† – Magnesium also supports healthy bones and teeth, and is essential in converting food into cellular energy.†

Color Derived from Natural Source – No Synthetic Dyes

No Artificial Flavors • No Preservatives • No Yeast or Starch • Gluten Free

SUGGESTED USE: Take one tablet daily with a meal. For easier swallowing, take with water before and during ingestion.

Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.

Supplement Facts

Serving Size 1 Tablet

| Amount Per Tablet | % Daily Value |
|---------------------------------|---------------|
| Magnesium (as Magnesium Oxide) | 250 mg 63% |

Do not use if imprinted seal under cap is broken or missing.

CAUTION: Consult a physician before use, if you have kidney disease or if you are taking prescription medications.

OTHER INGREDIENTS: Cellulose Gel, Croscarmellose Sodium, Stearic Acid, Hypromellose, Magnesium Stearate, Silicon Dioxide, Color Added, Polyethylene Glycol, Triethyl Citrate, Polysorbate 80.

Distributed by: **Nature Made Nutritional Products**

Mission Hills, CA 91346-9606, U.S.A. 1-800-276-2878 • www.NatureMade.com

Magnesium tablets are made to Nature Made's guaranteed purity and potency standards.

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Lot.:
Exp.: