

EVERYDAY VALUE

List No. 4077
L201
Cat. A541
5A007

**CLINICALLY PROVEN
ABSORPTION****

Nature Made

Prenatal Multi +DHA

200 mg DHA

**1 SOFTGEL
PER DAY**

**FOR PREGNANT WOMEN
& WOMEN TRYING TO
GET PREGNANT**

**DIETARY SUPPLEMENT
70 SOFTGELS**

**DHA May
Help Support
Fetal Brain
and Eye
Development†**



†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 1 Softgel

Amount Per Softgel	% Daily Value for Pregnant and Lactating Women
Calories 10	
Total Fat 0.5 g	*
Total Carbohydrate Less than 1 g	*
Vitamin A (as Beta Carotene) 4000 IU	50%
Vitamin C (as Ascorbic Acid) 100 mg	167%
Vitamin D ₃ (as Cholecalciferol) 400 IU	100%
Vitamin E (as dl-Alpha Tocopheryl Acetate) 11 IU	37%
Thiamin (as Thiamin Mononitrate) 1.5 mg	88%
Riboflavin 1.7 mg	85%
Niacin (as Niacinamide) 18 mg	90%
Vitamin B ₆ (as Pyridoxine Hydrochloride) 2.6 mg	104%
Folic Acid 800 mcg	100%
Vitamin B ₁₂ (as Cyanocobalamin) 4 mcg	50%
Calcium (as Calcium Carbonate) 150 mg	12%
Iron (as Ferrous Fumarate) 27 mg	150%
Iodine (as Potassium Iodide) 150 mcg	100%
Zinc (as Zinc Oxide) 25 mg	167%
Omega-3 Fatty Acids (from Fish Oil) 228 mg	*
Docosahexaenoic Acid (DHA) 200 mg	
Eicosapentaenoic Acid (EPA) 28 mg	

*Daily Value not established.

No Color Added • No Artificial Flavors • No Yeast or Starch • Gluten Free
Nature Made Prenatal Multi Plus DHA is a prenatal multivitamin that provides key vitamins and minerals for nutritional support before and during pregnancy.† This formula is specially designed for pregnant women and women trying to get pregnant.

SUGGESTED USE: Take one softgel daily with a meal. For easier swallowing, take with water before and during ingestion.

Keep bottle tightly closed. Store in a cool, dry place.

Do not use if imprinted seal under cap is broken or missing.

CAUTION: If you are taking medication, facing surgery, have bleeding problems or undergoing any other treatment which may affect the ability of blood to clot, consult your physician before taking this product.

WARNING: This product contains iron. Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

OTHER INGREDIENTS: Gelatin, Soybean Oil, Glycerin, Water, Soy Lecithin, Yellow Beeswax, Resin, Ascorbyl Palmitate.

Contains: Fish (Anchovy, Sardine, Mackerel) and Soy.

Distributed by:

Nature Made Nutritional Products
Mission Hills, CA 91346-9606, U.S.A.
1-800-276-2878

www.NatureMade.com

Encapsulated and Quality Tested in the U.S.A.

Prenatal Multi with DHA softgels are made to Nature Made's guaranteed purity and potency standards.

** Folic Acid and Iron. Data Available.

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Lot:
Exp.:

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