

Daily Sterol & Stanol Amounts



Amount of
Phytosterols

The National Institutes of Health
(NIH) Therapeutic Lifestyle
Change Guidelines Recommends:
Many Americans Consume
As Little As:

2000 mg

~ 200 mg

CholestOff Original
Provides Additional:

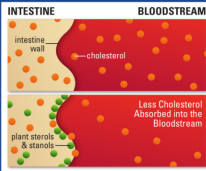
1800 mg

†Products containing at least 400 mg per serving of plant sterols and stanols, eaten twice a day with meals for a daily intake of at least 800 mg as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. One serving of Nature Made CholestOff Original supplies 900 mg of plant sterols and stanols for a daily intake of 1800 mg.

Nature Made CholestOff® Original is made with Reducol™, a proprietary blend of plant-based sterols and stanols (also called phytosterols) which help lower LDL ("bad") cholesterol!

✓ **Reducol** lowers cholesterol by reducing the absorption of dietary cholesterol into the bloodstream.

BEFORE taking CholestOff Original
dietary cholesterol is absorbed into the bloodstream



AFTER taking CholestOff Original
less dietary cholesterol is absorbed into the bloodstream

EVERYDAY
VALUE

Nature Made.

**CHOLESTOFF®
ORIGINAL**

**LOWERS DIETARY
CHOLESTEROL†**

- With Plant Sterols and Stanols

**130
CAPLETS**
DIETARY
SUPPLEMENT

Nature Made.

**CHOLESTOFF®
ORIGINAL**

**100%
money
back**

**100% money back
guarantee.**

Visit NatureMade.com/guarantee
for details.

Color Derived from Natural Source • No Synthetic Dyes
No Artificial Flavors • No Preservatives
No Yeast or Starch • Gluten Free

SUGGESTED USE: Take two caplets two times daily with meals. For easier swallowing, take with water before and during ingestion.

CAUTION: Not for use by children or pregnant or lactating women. Check with your physician before using CholestOff® Original if you are currently using medications to lower your cholesterol.

Keep bottle tightly closed. Store in a cool, dry place out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

Supplement Facts

Serving Size 2 Caplets
Servings Per Container 65

Amount Per Serving	% Daily Value
Calcium 260 mg	26%
Sodium 15 mg	Less than 1%
Plant sterols/stanols 900 mg	*

*Daily Value not established.

INGREDIENTS: Plant Sterols/Stanols (Pine Tree), Calcium Carbonate, Tribasic Calcium Phosphate, Croscarmellose Sodium, Hypromellose, Silicon Dioxide, Magnesium Stearate, Color Added, Polyethylene Glycol, Triethyl Citrate, Polysorbate 80.

Distributed by: **Nature Made Nutritional Products**
Mission Hills, CA 91346-9606, U.S.A.
1-800-276-2878 • www.NatureMade.com

CholestOff® Caplets are made to Nature Made's guaranteed purity and potency standards.

Reducol® is a trademark of
Pharmchem Laboratories Inc.

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