

Complete H₂O Minerals

Zinc is an essential trace mineral nutrient required for a wide array of metabolic processes. The body contains about 2.2 g of zinc, more than any trace mineral except iron. Over 100 different enzymes (biological catalysts) require Zinc. Zinc supports normal cell division and growth, the function of cell membranes, the immune system, bone calcification and the development and function of male reproductive organs.

Mixing Instructions: Mix with 8 to 10 ounces of juice or water.

In processing, FDA & GMP guidelines are observed and strictly followed.

Disclaimer: These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, prevent or cure any disease.

Manufactured for:

Complete H₂O Minerals

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www.completeh2ominerals.com



**QUALITY PRODUCTS
FOR A QUALITY LIFE!**

**ZINC
EXTRA STRENGTH
CONCENTRATE**

**Dietary
Supplement**

NET WT. 32oz (1 qt) 946mL

Complete H₂O Minerals

For best results, store in a cool, dark place and use within six months.

NOTE: Do not use if tamper seal is broken or missing.

Complete H₂O Minerals contain no fillers, or artificial ingredients.

Recommended Dosage:

Adults: 1 Tbsp 9.0 mg
Children: 1 Tsp 2.25 mg
or as recommended by a health care professional.

Supplement Facts

Serving Size 1 tbsp. (15mL)
Servings Per Container 64

	Amount Per Serving	%DV*
Zinc	9 mg	60%
Chloride	12 mg	0%

INGREDIENTS: PURIFIED WATER, ZINC, CHLORIDE (600 PPM ELEMENTAL ZINC).

*Percent Daily Value based on a 2,000 calorie diet.

