

**EVERYDAY VALUE**

List No. 4065  
L200  
Cat. A487  
5A007



# Super B-Complex



**KEY B VITAMINS  
+ VITAMIN C**

DIETARY SUPPLEMENT  
**160 TABLETS**

**Cellular Energy  
Production &  
Antioxidant  
Support†‡**

† This statement has not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure or prevent any disease.

## **B VITAMINS HELP CONVERT FOOD INTO CELLULAR ENERGY\***

B vitamins are also necessary for normal functioning of the nervous system.† Our Super B-Complex formula also contains vitamin C for antioxidant support and to help support the immune system.†

## **Supplement Facts**

Serving Size 1 Tablet

Amount Per Tablet	% Daily Value
Vitamin C (as Ascorbic Acid) 150 mg	250%
Thiamin (as Thiamin Mononitrate) 100 mg	6667%
Riboflavin 20 mg	1176%
Niacin (as Niacinamide) 25 mg	125%
Vitamin B <sub>6</sub> (as Pyridoxine Hydrochloride) 2 mg	100%
Folic Acid 400 mcg	100%
Vitamin B <sub>12</sub> (as Cyanocobalamin) 15 mcg	250%
Biotin 30 mcg	10%
Pantothenic Acid (as d-Calcium Pantothenate) 5.5 mg	55%
Calcium (as Dibasic Calcium Phosphate) 35 mg	4%

USP has tested and verified ingredients, potency and manufacturing process.

USP sets official standards for dietary supplements. [www.uspverified.org](http://www.uspverified.org)

‡ Contains antioxidant Vitamin C

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**No Color Added - No Artificial Flavors  
No Preservatives - No Yeast or Starch  
Gluten Free**

**SUGGESTED USE:** Take one tablet daily with a meal. For easier swallowing, take with water before and during ingestion.

Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.

**Do not use if imprinted seal under cap is broken or missing.**

**CAUTION:** Consult a physician before use if you are taking any prescription medications, including anticonvulsants.

**OTHER INGREDIENTS:** Cellulose Gel, Hypromellose, Croscarmellose Sodium, Magnesium Stearate, Silicon Dioxide, Polyethylene Glycol.

Distributed by:

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