

#1 PHARMACIST  
RECOMMENDED\*

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List No. 4059  
L200  
Cat. A495  
5A004

**Nature Made**

**B<sub>12</sub>**

VITAMIN **1000 mcg**

**TIMED RELEASE**

DIETARY SUPPLEMENT  
**60 TABLETS**

Supports Cellular  
Energy Production  
in the Body†

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**SUPPORTS CELLULAR ENERGY PRODUCTION IN THE BODY.†**

Vitamin B<sub>12</sub> is important for the metabolic pathways that release cellular energy from fat and protein.†

**No Color Added • No Artificial Flavors • No Preservatives • No Yeast or Starch • Gluten Free**

**SUGGESTED USE:** Take one tablet daily with a meal. For easier swallowing, take with water before and during ingestion.

## Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	% Daily Value
Vitamin B <sub>12</sub> (as Cyanocobalamin) 1,000 mcg	16,667%
Calcium (as Dibasic Calcium Phosphate) 124 mg	12%

Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

**OTHER INGREDIENTS:** Stearic Acid, Cellulose Gel, Hypromellose, Magnesium Stearate, Croscarmellose Sodium.

Distributed by: **Nature Made Nutritional Products**

Mission Hills, CA 91346-9606, U.S.A.

**1-800-276-2878 • www.NatureMade.com**

Tableted and Quality Tested in the U.S.A.

Vitamin B<sub>12</sub> Tablets are made to Nature Made's guaranteed purity and potency standards.

†Based on Pharmacy Times Survey of pharmacists recommending Letter Vitamin Supplements.

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Lot.:  
Exp.:

