

Complete H₂O Minerals

Selenium is the most efficient antioxidant. It prevents cellular and subcellular lipids and fats from being peroxidized or becoming rancid. Selenium is also instrumental in supporting both a healthy immune system and cardiovascular system.

Our water undergoes a six step process; reverse osmosis, deionization, ozonation, charcoal filtration, dual micron filtration and ultra violet light sterilization. RDA guidelines are observed.

Disclaimer: These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, prevent or cure any disease.

Manufactured for:

Complete H₂O Minerals

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**QUALITY PRODUCTS
FOR A QUALITY LIFE!**

SELENIUM

CONCENTRATE

Dietary Supplement

NET WT. 16oz (1 pint) 473mL

Complete H₂O Minerals

For best results, store in a cool, dark place and use within six months.

NOTE: Do not use if tamper seal is broken or missing.

Complete H₂O Minerals contain no fillers, or artificial ingredients.

Recommended Dosage:

Adults: 1 Tsp 250 mcg
Children: 0.5 Tsp 125 mcg
or as recommended by a health care professional.

Supplement Facts

Serving Size 1 tsp (5 mL)
Servings Per Container 96

	Amount Per Serving	%DV*
Selenium	250 mcg	0

INGREDIENTS: PURIFIED WATER, SELENIUM NITRATE (50 PPM ELEMENTAL SELENIUM).

*Percent Daily Value based on a 2,000 calorie diet.
† Daily Value not established

