

### Complete H<sub>2</sub>O Minerals

In a recent study of over 39,000 women, **Magnesium** was shown to play a role in keeping healthy bones strong.

Our water undergoes a six step purification process; reverse osmosis, deionization, ozonation, charcoal filtration, dual micron filtration and ultra violet light sterilization, RDA guidelines are observed.

**Disclaimer:** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, prevent or cure any disease.

Manufactured for:

### Complete H<sub>2</sub>O Minerals

707 Greenwood Road  
West Columbia, SC 29169

1.877.MINERALS

(1.877.646.3725)

[www.completeh2ominerals.com](http://www.completeh2ominerals.com)



**QUALITY PRODUCTS  
FOR A QUALITY LIFE!**

# MAGNESIUM

**CONCENTRATE  
Dietary  
Supplement**

NET WT. 32oz. 1qt. (946mL)

### Complete H<sub>2</sub>O Minerals

For best results, store in a cool, dark place and use within six months.

**NOTE:** Do not use if tamper seal is broken or missing.

Complete H<sub>2</sub>O Minerals contain no fillers or artificial ingredients.

#### Recommended Dosage:

Adults: 1 Tbsp. 18 mg

Children: 1 Tsp. 6 mg

or as recommended by a health care professional.

#### Supplement Facts

Serving Size 1 tbsp. (15mL)  
Servings Per Container 64

	Amount Per Serving	%DV*
Magnesium	18 mg	20%
Chloride	59 mg	12%

**INGREDIENTS:** PURIFIED WATER, MAGNESIUM CHLORIDE (1200 PPM ELEMENTAL MAGNESIUM), BENZOIC ACID.

\*Percent Daily Value based on a 2,000 calorie diet.

