

Complete H₂O Minerals

Cobalt is a cofactor and activator for many enzymes. Cobalt is the central metal component for the vitamin B₁₂. Cobalt is also a necessary cofactor for the production of thyroid hormones.

Our water undergoes a six step purification process: reverse osmosis, deionization, ozonation, charcoal filtration, dual micron filtration and ultra violet light sterilization. RDA guidelines are observed.

Disclaimer: These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, prevent or cure any disease.

Manufactured by:

Complete H₂O Minerals

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For more information:

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**QUALITY PRODUCTS
FOR A QUALITY LIFE!**

COBALT

CONCENTRATE

**Dietary
Supplement**

NET WT. 32oz. 1qt. (946mL)

Complete H₂O Minerals

For best results, store in a cool, dark place and use within six months.

NOTE: Do not use if tamper seal is broken or missing.

Complete H₂O Minerals contain no preservatives, fillers or artificial ingredients.

Recommended Dosage:

Adults: 1 Tsp. 150 mcg

Children: ½ Tsp. 75 mcg
or as recommended by a health care professional.

Supplement Facts

Serving Size 1 tsp. (5mL)

Servings Per Container 192

Amount Per Serving		%Daily Value*
Calories	0	0%
Total Fat	0	0%
Total Carb.	0	0%
Cobalt	150 mcg	500%
Chloride	150 mcg	0%

INGREDIENTS: PURIFIED WATER, COBALT CHLORIDE (30 PPM).

*Percent Daily Values based on a 2,000 calorie diet.



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