

Complete H₂O Minerals

Chromium helps increase the body's sensitivity to insulin. It also helps in regulating fat and cholesterol synthesis in the liver.

Mixing Instructions: Mix with 8 to 10 ounces of juice or water.

In processing, FDA & GMP guidelines are observed and strictly followed.

Disclaimer: These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, prevent or cure any disease.

Manufactured for:

Complete H₂O Minerals

1167 West 3050 South
Ogden, UT 84401

1.877.MINERALS
(1.877.646.3725)

www.completeh2ominerals.com



**QUALITY PRODUCTS
FOR A QUALITY LIFE!**

CHROMIUM

CONCENTRATE

Dietary Supplement

NET WT. 16oz (1 pint) 473mL

Complete H₂O Minerals

For best results, store in a cool, dark place and use within six months.

NOTE: Do not use if tamper seal is broken or missing.

Complete H₂O Minerals contain no fillers, or artificial ingredients.

Recommended Dosage:

Adults: 1 Tsp 250 mcg
Children: 1/2 Tsp 125 mcg
or as recommended by a health care professional.

Supplement Facts

Serving Size 1 tbsp. (15mL)
Servings Per Container 192

	Amount Per Serving	%DV*
Chromium	250 mcg	125%
Chloride	440 mcg	0%

INGREDIENTS: PURIFIED WATER, CHROMIUM CHLORIDE (50 PPM ELEMENTAL CHROMIUM)

*Percent Daily Value based on a 2,000 calorie diet.

