

## Complete H<sub>2</sub>O Minerals

**Chromium** helps increase the body's sensitivity to insulin. It also helps in regulating fat and cholesterol synthesis in the liver.

**Mixing Instructions:** Mix with 8 to 10 ounces of juice or water.

In processing, FDA & GMP guidelines are observed and strictly followed.

**Disclaimer:** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, prevent or cure any disease.

Manufactured for:

### Complete H<sub>2</sub>O Minerals

1167 West 3050 South  
Ogden, UT 84401

1.877.MINERALS  
(1.877.646.3725)

[www.completeh2ominerals.com](http://www.completeh2ominerals.com)



**QUALITY PRODUCTS  
FOR A QUALITY LIFE!**

# CHROMIUM

## CONCENTRATE

## Dietary Supplement

NET WT. 32oz (1 qt) 946mL

## Complete H<sub>2</sub>O Minerals

For best results, store in a cool, dark place and use within six months.

**NOTE:** Do not use if tamper seal is broken or missing.

Complete H<sub>2</sub>O Minerals contain no fillers, or artificial ingredients.

### Recommended Dosage:

Adults: 1 Tsp 250 mcg  
Children: 1/2 Tsp 125 mcg  
or as recommended by a health care professional.

### Supplement Facts

Serving Size 1 Tsp. (5mL)  
Servings Per Container 192

	Amount Per Serving	%DV*
Chromium	250 mcg	125%
Chloride	440 mcg	0%

**INGREDIENTS:** PURIFIED WATER, CHROMIUM CHLORIDE (50 PPM ELEMENTAL CHROMIUM)

\*Percent Daily Value based on a 2,000 calorie diet.

