

**NEW SIZE
BETTER VALUE**

List No. 3029
L201
Cat. A487
5A009

Nature Made

Super B-Complex



**KEY B VITAMINS
+ VITAMIN C**

DIETARY SUPPLEMENT

~~360~~ **390** TABLETS

Cellular Energy
Production &
Antioxidant
Support^{†‡}

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

B VITAMINS HELP CONVERT FOOD INTO CELLULAR ENERGY[†] - B vitamins are also necessary for normal functioning of the nervous system.[†] Our Super B-Complex formula also contains vitamin C for antioxidant support and to help support the immune system.[†]

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	% Daily Value
Vitamin C (as Ascorbic Acid) 150 mg	167%
Thiamin (as Thiamine Mononitrate) 100 mg	8,333%
Riboflavin 20 mg	1538%
Niacin (as Niacinamide) 25 mg	156%
Vitamin B ₆ (as Pyridoxine Hydrochloride) 2 mg	118%
Folate 667 mcg DFE (400 mcg Folic Acid)	167%
Vitamin B ₁₂ (as Cyanocobalamin) 15 mcg	625%
Biotin 30 mcg	100%
Pantothenic Acid (as d-Calcium Pantothenate) 5.5 mg	110%
Calcium (as Dibasic Calcium Phosphate) 35 mg	3%

OTHER INGREDIENTS: Cellulose Gel, Hypromellose, Croscarmellose Sodium, Magnesium Stearate, Silicon Dioxide, Polyethylene Glycol.

Distributed by: **Nature Made Nutritional Products**
Mission Hills, CA 91346-9606, U.S.A. 1-800-276-2878 • www.NatureMade.com

USP has tested and verified ingredients, potency and manufacturing process.

USP sets official standards for dietary supplements. www.uspverified.org

‡ Contains antioxidant Vitamin C

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No Color Added
No Artificial Flavors
No Preservatives
No Yeast or Starch
Gluten Free

SUGGESTED USE: Take one tablet daily with a meal. For easier swallowing, take with water before and during ingestion.

Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

CAUTION: Consult a physician before use if you are taking any prescription medications, including anticonvulsants.

Lot:
Exp: