

**NEW SIZE  
BETTER VALUE**

List No. 3028  
L201  
Cat. A509  
5A044



# Stress B-Complex

With Key B vitamins  
+ VITAMIN C & ZINC

DIETARY SUPPLEMENT

~~75~~ **85** TABLETS

Helps Support  
Cellular Energy  
Production & the  
Immune System<sup>†</sup>

<sup>†</sup>This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

This formula also includes vitamin C and vitamin E for antioxidant support, and zinc to help support the immune system.<sup>†</sup>

No Color Added • No Artificial Flavors • No Preservatives • No Yeast • Gluten Free

**SUGGESTED USE:** Take one tablet daily with a meal. For easier swallowing, take water before and during ingestion.

## Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	% Daily Value
Vitamin C (as Ascorbic Acid) 500 mg	556%
Vitamin E (as dl-Alpha Tocopheryl Acetate) 13.5 mg	90%
Thiamin (as Thiamin Mononitrate) 10 mg	833%
Riboflavin 10 mg	769%
Niacin (as Niacinamide) 100 mg	625%
Vitamin B <sub>6</sub> (as Pyridoxine Hydrochloride) 5 mg	294%
Folate 667 mcg DFE (400 mcg Folic Acid)	167%
Vitamin B <sub>12</sub> (as Cyanocobalamin) 12 mcg	500%
Biotin 45 mcg	150%
Pantothenic Acid (as d-Calcium Pantothenate) 20 mg	400%
Zinc (as Zinc Sulfate) 23.9 mg	217%
Copper (as Copper Oxide) 3 mg	333%

**OTHER INGREDIENTS:** Cellulose Gel, Croscarmellose Sodium, Calcium Carbonate, Corn Starch, Hypromellose, Stearic Acid, Dibasic Calcium Phosphate, Silicon Dioxide, Magnesium Stearate, Polyethylene Glycol.

Distributed by: **Nature Made Nutritional Products**  
Mission Hills, CA 91346-9606, U.S.A. 1-800-276-2878 • [www.NatureMade.com](http://www.NatureMade.com)

Stress B-Complex tablets are made to Nature Made's guaranteed purity and potency standards.

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Keep bottle tightly closed.  
Store in a cool, dry place, out of  
reach of children.

**Do not use if imprinted seal under  
cap is broken or missing.**

**CAUTION:** Consult a physician  
before use if you are taking any  
prescription medications,  
including anticonvulsants.

Lot.:  
Exp.: