

**EVERYDAY VALUE**

**#1 PHARMACIST  
RECOMMENDED\***

**Nature Made**

**BURP-LESS\***

**Fish Oil**

**1000 mg**

**300 mg OMEGA-3**

**PURIFIED TO  
REMOVE MERCURY<sup>†</sup>**

**DIETARY SUPPLEMENT  
160 SOFTGELS**

**Helps Support a  
Healthy Heart<sup>†</sup>**

**BURP-LESS\***

List No. 3021  
PEL200  
Cat. A593  
5A009

Nature Made Fish Oil supply comes from wild caught ocean fish, not farm raised fish.

▲ State-of-the-art purification processes are used to remove PCBs, dioxins and furans, and mercury to ensure purity levels below 0.09 ppm, 2 ppt WHO TEQs, and 0.1 ppm respectively.



**† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease. (See nutrition information for total fat and cholesterol content).

**Supplement Facts**

Serving Size 2 Softgels  
Servings Per Container 80

**Amount Per Serving      % Daily Value**

Calories 20

Total Fat 2 g      3%\*\*

    Polyunsaturated Fat 0.5 g

Cholesterol 20 mg      7%\*\*

Total Carbohydrate less than 1 g      < 1%\*\*

Protein less than 1 g

Fish Oil 2000 mg      \*

    Total Omega-3 Fatty Acids 600 mg      \*

        Omega-3 EPA & DHA 500 mg      \*

        Omega-3 Other 100 mg      \*

\*Daily Value not established.

\*\*Percent Daily Values are based on a 2,000 calorie diet.

**No Color Added • No Artificial Flavors  
No Yeast or Starch • Gluten Free**

**SUGGESTED USE:** Take 2 softgels daily with a meal. For easier swallowing, take with water before and during ingestion.

Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.

**Do not use if imprinted seal under cap is broken or missing.**

**CAUTION:** If you are pregnant or nursing, taking medication, facing surgery, have bleeding problems, or undergoing any other treatment which may affect the ability of blood to clot, consult your physician before taking this product.

**OTHER INGREDIENTS:** Gelatin, Glycerin, Methacrylic Acid Copolymer, Water, Triethyl Citrate, Polysorbate 80, Glyceryl Monostearate, Propylene Glycol, Tocopherols.

Contains: Fish (Mackerel, Anchovy, Menhaden, Herring, Sardine).

Distributed by: **Nature Made Nutritional Products**  
Mission Hills, CA 91346-9606, U.S.A. **1-800-276-2878 • www.NatureMade.com**

Fish Oil Country of Origin is Peru.

Encapsulated and quality tested in the U.S.A.

Fish Oil softgels are made to Nature Made's guaranteed purity and potency standards.

\*Enteric coated to reduce fish burps.

† Based on Pharmacy Times Survey of pharmacists recommending Omega-3/Fish Oil Supplements

Lot:  
Exp: