

Directions: Take two capsules daily or as directed by your healthcare practitioner.

Methyl Folate™ HP contains Quatrefolic®, the most biologically active form of folate, allowing rapid uptake into the bloodstream.* This superior, methylated form of folate is metabolically active and ready for the body to use since it requires no additional conversion to be absorbed.* Folate is also necessary for the conversion of homocysteine to methionine.* The 5-MTHF in this formula is also known as the "L" form of 5-MTHF since it is the reduced form of folate.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CAUTION: Keep out of reach of children.

STORAGE: Keep tightly closed in a cool, dry place.

CONTAINS NO: Wheat, corn protein, yeast, soy, animal or dairy products, artificial colors, sweeteners or preservatives.



NuMEDICA®
ACHIEVING PHYSIOLOGICAL BALANCE

Features Biologically Active Folate*

Methyl Folate™ HP

High Potency 5-MTHF
5200 mcg per Capsule

60 Vegetable Capsules

GOLD MEDALLION FORMULA

DIETARY SUPPLEMENT | PROFESSIONAL USE ONLY



Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 30

	Amount	%DV*
Folate	10,400 mcg	2,600%
(6(S)-5-methyltetrahydrofolic acid, glucosamine salt†)		

*Percent daily value based on a 2,000 calorie diet.

Other Ingredients: HPMC (vegetable capsule), rice flour, magnesium stearate, dicalcium phosphate, stearic acid, silica.

†As Quatrefolic® 5-MTHF. Quatrefolic® is a registered trademark of Gnosis S.p.A. Patent number 7,947,662.

This Formula Meets or Exceeds cGMP Quality Standards.



NuMedica®

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