

#1 PHARMACIST
RECOMMENDED†

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List No. 3006
L201
Cat. A624
5A008

Nature Made

Turmeric Curcumin

with
**Standardized
Extract**

Provides
**Antioxidant
Benefits†**



HERBAL SUPPLEMENT
120 CAPSULES

†This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

Turmeric (*Curcuma longa*) is an ancient Indian spice that is becoming a popular herbal supplement due to its antioxidant benefits. The Curcumin in Turmeric has antioxidant activity and is responsible for its vibrant yellow color. The antioxidant activity from Curcumin in Nature Made Turmeric helps neutralize free radicals.†

No Color Added • No Artificial Flavors • No Preservatives • No Yeast or Starch • Gluten Free

SUGGESTED USE: Take one capsule daily, with a meal. For easier swallowing, take with water before and during ingestion. Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.

Supplement Facts

Serving Size 1 Capsule

Amount Per Capsule	% Daily Value
Total Carbohydrate less than 1g	< 1%**
Turmeric (<i>Curcuma longa</i>) Blend 500 mg	*
{Turmeric root powder 450 mg and Standardized Turmeric root extract 50 mg (Total Curcuminoids 47.5 mg)}	

* Daily Value not established.

** Percent Daily Values are based on a 2,000 calorie diet.

**DO NOT USE IF IMPRINTED
SEAL UNDER CAP IS BROKEN
OR MISSING.**

CAUTION: Do not take turmeric/curcumin if you are pregnant or nursing, or if you have a history of gallstones or bile duct obstruction. Consult with your physician before using this product if you are taking medication which may affect the ability of blood to clot, or if you are planning to have surgery.

OTHER INGREDIENTS: Cellulose Gel, Gelatin, Water, Stearic Acid, Magnesium Stearate, Silicon Dioxide.

Distributed by: **Nature Made Nutritional Products**,
Mission Hills, CA 91346-9606, U.S.A. 1-800-276-2878 • www.NatureMade.com

Turmeric capsules are made to Nature Made's guaranteed purity and potency standards.

† Based on Pharmacy Times Survey of pharmacists recommending Herbal Supplements.

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