

Directions: Take one capsule daily or as directed by your healthcare practitioner.

Methyl Folate™ contains Quatrefolic® – the most biologically active form of folate – allowing rapid uptake into the bloodstream.* This superior, methylated form of folate is metabolically active and ready for the body to use since it requires no additional conversion to be absorbed.* Folate is also necessary for the conversion of homocysteine to methionine.* The 5-MTHF in this formula is also known as the “L” form of 5-MTHF since it is the reduced form of folate.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

This Formula Meets or Exceeds cGMP Quality Standards.

NuMedica®

9503 E. 55th Place | Tulsa, OK 74145

800.869.8100 | www.numedica.com



Features Biologically Active Folate*

Methyl Folate™

5-MTHF

60 vegetable capsules gluten free
PROFESSIONAL USE ONLY | DIETARY SUPPLEMENT



Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 60

	Amount	%DV*
Folate (6(S)-5-methyltetrahydrofolic acid, glucosamine salt†)	800 mcg	200%

*Percent Daily Value based on a 2,000 calorie diet.

Other Ingredients: HPMC (vegetable capsule), rice flour, magnesium stearate, stearic acid, silica.

Free of: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Suitable for Vegetarians

†As Quatrefolic® 5-MTHF. Quatrefolic® is a registered trademark of Gnosis S.p.A. Patent number 7,947,662.

